

2018 GLOBAL FACULTY

Aldo Privileggi | Hypnosis, Hypnotherapy, NLP, Meditation
An "intuit-Empath", born naturally gifted with the ability to see and empathise with the Electro-Magnetic Field that surrounds the physical body. He has introduced his skill combined with his high level of intuitive ability into his own unique style & methods of Hypnotherapy. www.Aldo-hypnosis.com



AmY Ippoliti | Alignment & Anatomy, Hands-on Assisting, Hatha Vinyasa Yoga

Known for bringing yoga to modern-day life in a genuine way through her intelligent sequencing, clear instruction and engaging sense of humor. She shares her passion for yoga, health, earth conservation, and with her writings for Yoga Journal, Organic Life, Prevention, Mantra, Origin, Mind Body Green, Prana Stories, and Elephant Journal. www.amyippoliti.com | www.90monkeys.com



Ana Forrest | Forrest Yoga ®

An inspiration and has been changing people's lives for over 40 years. She is an internationally-recognized pioneer in yoga and emotional healing, a Medicine Woman, the creator of Forrest Yoga, author of the highly-acclaimed book, *Fierce Medicine: Breakthrough Practices to Heal the Body and Ignite the Spirit*, and is one of the most respected yoginis on the planet. www.forrestyoga.com



Angela Lohse | Movement, Vinyasa Flow

Been sharing her passion for yoga since she received her teaching certification 15 years ago. One who attends her class might describe her style to be fluid and creative, and most definitely infused with inspiring music to enhance the energy of the group. Her love for flow-like inversions is also a trademark of her teachings as she feels learning to master life from ever-changing perspectives is another key lesson in living a happy life. www.pure-yoga.com



Anjan Kundu | Yogalates

Main influences are Jamal Uddin Shek, Sunimal Kundu, B.K.S. Iyengar and Dbyasunder Das. Since moving to Hong Kong, he has furthered his yoga studies with Patrick Creelman, become a certified Pilates teacher and completed a training with Karen Wightman in children's yoga. www.pure-yoga.com



Bill Mahony | Yoga Philosophy, Upanishads, Bhakti Sutras

Known in the international yoga community for his informed and warm teaching that is accessible to students at all levels. He has written numerous books on the spiritual traditions of India, including *Exquisite Love: Reflections on the Spiritual life based on Narada's Bhakti Sutra*. Bill has a deep understanding for the yogic life grounded in his widely-recognized scholarship and by nearly five decades of his own spiritual practise. He is Professor of Religion at Davidson College, one of the premier institutions of higher learning in the United States. www.wkmahony.com



Brian Campbell | Forrest Yoga ® , Myofascial Bodywork

A Bodyworker, Forrest Yoga Guardian Teacher, and a hands-on teacher of Anatomy and Myo-Fascial Release Massage. He has 17 years experience doing Pain specific Structural Massage and 15 years teaching Forrest Yoga. Built upon a synergy of Forrest Yoga & Myo-Fascial Bodywork. His mission is to teach people worldwide how to use their hands to help relieve pain in others. www.bodyworkyoga.com



Dr. Bryan Lau | Anatomy Therapeutics

As a medical doctor and yoga teacher, Bryan manages to operate in the space between rigid science and the amorphous metaphysical. His teachings in the anatomy and therapeutic yoga workshops in Hong Kong, Mainland China and Singapore mindfully applies knowledge of biomechanics, functional anatomy and therapeutic skills to traditional asana practise, with the aim to deepen students' understanding of the powerful healing effects of yoga, physically and spiritually. www.facebook.com/DrBryanYoga



Carolyn Cowan | Kundalini Yoga, Conscious Motherhood,

Pregnancy, Addictions, Pranayama, Trauma Recovery
A London based Kundalini Yoga teacher, Teacher Trainer and a Psychosexual Therapist specialising in addiction & trauma recovery. Currently, she enormously successful courses all over the world, teaching the art of Kundalini Yoga and pranayama, and how this technology can be a powerful tool for trauma recovery, for a conscious pregnancy and motherhood. <http://www.carolyncowan.com/>



Chris Su | Mindfulness Yin Yoga

A Malaysia senior Yin mindfulness Yoga Trainer, he is a Yoga Alliance Certified Advance Trainer and a licensed Reiki therapist. He is also a keen student of Buddhist studies. Chris Su recently co-founded the Yin Mindfulness Immersion, a mindfulness-based strategy firm and he co-wrote *The Yin Mindfulness Yoga & Meditation, Strategies for Enlightened Living*. www.yin-mindfulness.com



Clayton Horton | Ashtanga Yoga

An experienced and internationally known KPJAYI Certified Ashtanga yoga teacher. Studied with masters Sri K. Pattabhi Jois and the Greensulf for many years, he founded Greenpath Yoga. He's received formal authorisation to teach Ashtanga Yoga from the Ashtanga Yoga Research Institute of Mysore, South India in 2003 and he received Level Two Authorisation in 2010. In 2016, he was awarded Certification, the highest level of accreditation for teachers at the institute. www.greenpathyoga.org



Colleen Saidman | Hatha Yoga

A graduate of Jivamukti's 1998 teacher-training program, Colleen opened her own studio, Yoga Shanti, in Sag Harbor, in 1999. Yoga Shanti has since expanded to include locations in Manhattan and Westhampton Beach. She and her husband, Rodney Yee, teach yoga teacher trainings at Yoga Shanti, as well as all over the globe. <https://www.colleensaidmanyee.com/>



Daniel Scott | Ashtanga Yoga, Vinyasa Yoga, Intuitive Movement, AcroYoga

A globally renowned ashtanga-vinyasa teacher and Certified Level 2 AcroYoga instructor, Daniel is a yogi provocateur offering a fresh alternative to the traditional "yoga voice," Daniel Scott's workshop's are a lively mix of balance and improvisation, strength and flexibility, breath and body. Daniel Scott strives to answer the ever-present question: Are you moving or being moved? www.danielscottyoga.com



Daphne Tse | Nada Yoga, Bhakti Yoga (Kirtan)

Co-founder of SpiritDance SoulSong with her friend and mentor, Ellen Watson, an embodied movement, sounding, singing and fully integrated practice that brings back medicinal roots of the yoga of dance & sound. She has travels extensively sharing her music and teachings around the world. Her music has been featured on yoga music compilations with Shiva Rea, Samahita LIVE, and she has released 2 solo albums, *Mata* and *Finding Water*. www.daphnetse.com



Dario Calvalruso | Navakarana Vinyasa™ Method

Director at Holistic Wellness Ltd., Founder and Conceiver of the Navakarana Vinyasa™ Method, Consultant and Senior Teacher at Pure Yoga Hong Kong. He teaches with a systematic approach, provides very concise instructions to facilitate a harmonious flow, rhythmic breathing, concentration and mental clarity. His classes are led in traditional Sanskrit terminology. His classes are truly original, challenging and energetic <http://www.navakaranavinyasa.com/>



David J. Bookbinder | Life Balance, Cultivating Creativity, Creative Writing, Life Coaching

David J. Bookbinder is a psychotherapist, writer and photographer. He has been writing and taking photographs since his teenage years, but he came to psychotherapy later in life, after a transformative near-death experience shifted him toward art and healing. <http://www.davidbookbinder.com>



David Swenson | Ashtanga Yoga

Recognised today as one of the world's foremost practitioners and instructors of Ashtanga Yoga. One of a very small number of people worldwide that have learned the entire Ashtanga system including all asana sequences and pranayama as it was originally taught by Sri K. Pattabhi Jois. He has produced 8 DVD's and is the author of the best-selling yoga book: *Ashtanga Yoga "The Practice Manual"* which has been translated into 14 languages. <https://www.ashtanga.net/>



Dileep Pulioly | Tantra Yoga, Kundalini Yoga, Meditation, Yoga Nidra,

hatha Yoga, Pranayama, Yoga Therapy
One of the very few Authentic Tantra/Kundalini Teachers in Asia, who got trained in the traditional Indian way. Having 20 years of teaching experience, Dileep is shedding light on the esoteric practises of the ancient India. By making the complicated methods of practises into easy understanding, he made this system accessible to all. www.yoganaath.org



Edward Clark

Edward Clark is a figure acknowledged throughout the world for his work integrating the fields of theatre and yoga. His performing company, Tripsichore, tours regularly throughout Europe, North America and Asia. Mr. Clark is also internationally recognised as a teacher of advanced yoga technique and philosophy whose teachings are sought around the globe. He is a regular presenter and workshop leader at the prestigious Yoga Journal Conferences as well as a sought after teacher on various Teacher Training Programmes in the USA, UK and Asia. www.tripsichore.com



Eddy Marks | Iyengar Yoga, Anatomy, Physiology, Yoga Therapy

Eddy Marks is an Advanced certified Iyengar yoga instructor. With 40+ years practice & 35+ years teaching experience, this internationally recognized teacher, exercise physiologist, teacher trainer and assessor who shows how to reach our true Self within by unifying body & mind. www.sandiegoyoga.com



Eoin Finn | Vinyasa Yoga, Blissology Yoga, Blissology Alignment

Yogi, Surfer, Blissologist and founder of Blissology Yoga, which allows the wisdom of our innermost heart to guide our relationships with our bodies, our communities, and nature. Eoin is passionate about bringing spirituality down to earth and reclaiming quiet time in nature as the greatest spiritual portal and our best source of health and happiness. As an ocean activist, he started the Blissology EcoKarma project, raising aid and awareness through yoga for the world's imperiled coral reefs. He's been featured in Oprah, InStyle, Vogue, the New York Times and the Yoga Journal. www.blissology.com



Eric Standop | Face Reading

Founder of the Face Reading Academy is now working for 14 years to spread the wisdom of the face. His clients and students are of all kind and based on four continents: Companies in the Silicon Valley, Corporate, HR, Investigators, Therapists, Teachers, Coaches, Doctors, Psychologists, also single individuals, who want to improve their knowledge of human nature. His sessions and training is based on ancient methods but also already scientific approved techniques. www.readtheface.com



Gahl Sasson | Mysticism, Kabbalah, Astrology

Named "Los Angeles' Best Astrologer", his encyclopedic knowledge and charismatic presence have also made him a sought-after guest speaker. An established author and has been teaching workshops on Storytelling, Kabbalah, Astrology, and Mysticism around the globe for over 20 years www.CosmicNavigator.com



Hema Mirpuri | Kids Yoga, Family Yoga

A YA registered children's yoga teacher and E-RYT 200. She completed her B.S in Dietetics and during the same period also completed her first teacher training in 2004 in Boston. For a very long time, Hema has always had a passion towards kids, yoga and a healthy lifestyle. Her constant pursuit for this passion has led her to various trainings in this profession. <http://www.yogaroomhk.com/>



Jared McCann | Jared McCann Yoga, Vinyasa/Hatha Yoga

An international yoga teacher who leads trainings and workshops around the world. He is the two-time US Yoga Champion and the 2013 World Yoga Asana Champion. Jared McCann Yoga classes seamlessly blend different styles to create a complete, comprehensive and energizing practise. www.Jaredmccannyoga.com



Javier De Salas | Mystic Healing, Mystic Therapy

For the last 25 years, he has received spiritual training and instruction within the Self Realization School Golden Ray led by Master José, in Spain. Here he's been initiated in the practice of meditation and Mystic Healing. For over 20 years he has been leading weekend meditation workshops and Self Development and Mystic Therapy retreats in nature in many parts of Spain as well as in several European cities, Israel, USA, Japan and Indonesia. www.javierdesalas.net



Jenny Smith | Kids Yoga, Prenatal Yoga, Restorative Yoga

Jenny has lead specialist training workshops, been a guest speaker at Wellness events, and is now teaching internationally leading her Gecko Yoga Children's 95hour teacher training, Life Spectrum 200hour and Prenatal Yoga Trainings. Jenny (and her daughter) has lead the Family Yoga Class at the Asia Yoga Conference in 2014, 2015 & 2017 and is very excited to be a part of the Training Faculty in 2018!



Jonas Westring | Anusara Yoga, Anatomy & Therapeutics,

Thai Yoga Therapy
Founder of Shantaya Yoga & Bodywork School in Chiang Mai. With a solid education in western medicine and 35 years experience of holistic healing modalities and personal practices from the east, using the effective and systematic Anusara Yoga method as his main teaching path. He also has experience in many other styles including Ashtanga Vinyasa, Iyengar Yoga, Kripalu Yoga, Integrative Yoga Therapy and more. www.shantaya.org



Jose Calarco | Forrest Yoga ®

Has had a long and varied association in the Arts, Music and Yoga in Australia and around the World for the last thirty years. In 2014 Jose joined forces with international yoga legend Ana Forrest as a ceremonial musical director, business mentor, and Ana's life partner, providing artistic and cultural direction into Ana's international yoga events. Jose is a singer, songwriter, musician, storyteller and Medicine man. Jose & Ana's Synergetic Collision of worlds is today reshaping the future of Yoga. www.forrestyoga.com



Kathy Zhou (Zhou Xiao Yuan) | Tai Chi Yoga

Founder of KUN Tai Chi Yoga, the 13th generation inheritor of Chen Tai Chi. She is also the Champion of the Women's Team of International Chen Tai Chi Tournament, Hong Kong. Kathy Zhou has over 18 years of Yoga Alliance Certified yoga teaching experience. She is the forma teacher that integrated Tai Chi and Yoga, forming a complete teaching system of Tai Chi Yoga.



Lin Min | Kriyoga

Lin Min is a well esteemed highly sought Kriyoga teacher in China, also the Yoga instructor to the Chinese Table Tennis Team. She is also the author of three best-selling yoga books in China. Lin Min's yoga style is simple, yet one of the most effective practising methods to help achieve physical and mental balance, renewal and vitality.



Markus Giess | Yin Yoga, Yoga Anatomy

Born in Germany, Markus has accumulated over 10,000 hours of professional training. His vast knowledge in dance, anatomy, yoga, philosophy, meditation, body and energy work makes his teaching very unique. With over 25 years of teaching experience under his belt, he is considered one of the most prominent Yin Yoga & anatomy teachers in Europe. www.yintherapy.com



Martha Collard | Gongs, Kundalini, Walking Meditation, Pranayama, Mantra

Founder of Red Doors Studio, Gong Master and Catalyst for Emotional Wellbeing. After making a living for over 25 years as a management consultant in the field of human performance and effectiveness, Martha founded a studio to reverse the effects of stress through ancient practises that are relevant, efficient and accessible to modern man. www.red-doors.com



Masood Khan | Kirtan, Meditation, Energy Healing

A percussionist, composer, producer, PhD, meditation instructor, energy healer, actor and founder of the 'Connection 2 Creation' program. A practitioner of yoga for over 25 years, with an innate spiritually desire to continue his soul mission to help humanity with every talent possible. <http://www.masoodalkhan.com>



Michiko Minegishi | Hatha Yoga, Therapeutic Yoga

A Japanese yoga instructor and the owner/director of Body & Mind Yoga. She conducts regular yoga classes/workshops and seminars nationally and internationally. She's been giving yoga lessons to the candidate athletes for the Paralympics Games of the 2020 Tokyo Olympics. Her publications include the exercise book "Shoulder Blade Stretch" (2013) and essay book "To the Future with Smiles". <http://www.bmy-studio.com/>



Miguel Sant'ana | Arm Balance, Handstand

Miguel Sant'ana is a hand balancing master and teacher. A fellow caposira artist and circus acrobat, he often makes the often-elusive art of handstand look effortless. Miguel has been trained in handstands with Master Claude Victoria (83 years old) in France who has been teaching "The Art of Hand Balancing" for 65 years. Since then Miguel's has travelled all over the world to 25 countries growing this knowledge and teaching.



Patrick Creelman | Hatha Yoga

As Pure Yoga's founding teacher, Patrick has found a unique role over the past decade as a leader in growing the yoga community throughout South East Asia. His teachings are informed by years of study under the yogic traditions of tantric philosophy and skillful alignment which his classes are based on, allowing students to access and build upon their own strength & intelligence. www.pure-yoga.com



Rodney Yee | Hatha Yoga, Yee Yoga

Began his Yoga inquiry in 1980. In the same period he was a ballet dancer for the Oakland ballet and a physical therapy and philosophy major at UC Berkley. His yearning for a life that would utilize mind, body and spirit was satiated by the practising and teaching of Yoga, which over the years Rodney has been instrumental in introducing to the United States. <http://www.yeeyoga.com/>



Rose Erin Vaughan | Hatha Vinyasa Yoga , Yoga Anatomy,

Dharma Yoga ®
A seasoned Acupuncturist, Yoga Teacher, and Anatomy specialist. Her extensive training in a variety of modalities, sciences and philosophies has helped her to establish a contemporary and unique approach to guide Yoga students. She also treats patients in U.S.A and teaches Yoga internationally. www.ba-ny.com



Ross Rayburn | Iyengar Yoga, Ashtanga Yoga, Hatha Vinyasa Yoga

Has taught in over 100 different cities in 24 countries. He has focused on yoga therapeutics for the last 11 years and has worked with a number of professional athletes and dancers. He has taught internally over 50 therapeutic trainings to hundreds of teachers and students including physical therapists and medical doctors. Considered one of the most knowledgeable teachers when it comes to blending strong yoga with smart yoga, but his greatest attribute is how approachable he is. www.rossrayburn.com



Samantha Chan | Prenatal Yoga

Her vision extends not only yoga, but also women's health, life balance, and total wellness. In addition to her foundational Hatha Vinyasa teacher training, she has also expanded into Pre- and Post-natal Yoga Teacher Training, Birthlight Perinatal Yoga, Infant Massage, and Kids Yoga. Her style is steady, calm and very approachable. www.pure-yoga.com



Samrat Dasgupta | Sama Yoga

Holds a prestigious yoga titles such as Yoga Jyoti, Yoga Saundarya, Yoga King, Yoga Shree, and eventually the acclaimed "Champion of Champions" award in the All-India Yoga Asana competitions in 1999. Students can expect to explore their strengths, work on focus - his teaching focuses on alignment and steady connection to the breath, constituting a still mind with clarity and consciousness in actions both inside and outside the yoga classroom. <http://www.yogasamrat.com/>



Sianna Sherman | Mythic Yoga Flow®

Rasa Yoga, Hatha Vinyasa Yoga, Tantra Living Wisdom
An internationally renowned yoga teacher, community activator, evocative storyteller and a passionate speaker at festivals throughout the world. She is the founder of Rasa Yoga, Mythic Yoga Flow®, creator of Goddess Yoga in partnership with Yoga Journal and co-founder of Urban Priestess - a platform that serves the empowerment of women. <http://www.siannasherman.com> | <http://www.urban-priestess.com>



Sin Hee McCabe | Forrest Yoga ®

Actively working as a Forrest Yoga Guardian since 2007. Sin Hee has insightful knowledge of both anatomy and bodywork. She offers vast knowledge in working with injuries from repetitive motions from yoga, sports, and daily life. www.sinheeyoga.com



Stephen Clasper | Usui Reiki, NLP, Thetahealing

Co-founder of Shakti Healing Circle and a graduate of Cambridge University, Stephen brings a lifetime of international experience to helping people. Stephen is a certified Master Coach as well as a Master Teacher in Usui Reiki. He is also a basic and advanced DNA Theta healing Practitioner and a certified practitioner in Neuro-Linguistic Programming (NLP). He gives individual and partner sessions in Relationships Coaching, as well as Career Coaching, and Reiki healing sessions in addition. <http://www.shaktihealingcircle.com>



Swami Govindanada | Bhakti Meditation Master

Founder of Ji Living. He is widely known for his depth of knowledge, his gentle, humorous nature and his ability to inspire in others the quest for genuine spiritual living. Through his Ji Living retreats, online videos, audio meditations, live presentations, and written material, Swamiji has touched the heart of many people. www.swamigovindanada.com



Sylvia Chiang | Business Management, Life Balance

By combing a variety of yoga courses, Sylvia's ideas and actions help her students raise their own body awareness, make deeper social connections and improve mental and physical health. Responsible for over one hundred yoga workshops and teacher trainings, Sylvia and her international network of yogis have successfully delivered transformative and inspiring experiences for students towards loyal satisfaction with their yoga centers. www.yogayo.asia



Tryphena Chia | Power Yoga

The only 500hr certified Baptiste teacher in Asia. She is tremendously thankful for all the great teachers she has studied with. Her two main teachers are - Baron Baptiste and Sri Dharma Mittra. Baron has helped Tryphena to be fearless in stepping up to her fullest potential and to be a beacon of light for others so they can live to their fullest potential as well. Tryphena firmly believes that it is in our way of living that the spirit of yoga truly comes to life. www.pure-yoga.com



Tyler Mongan | Yoga Numerology, Yoga Anatomy,

Brain Heart Science
Integrates a diverse background in yoga numerology, yoga anatomy, quantum medicine research and business innovation. He is a master numerologist and author of "Ho'loka'hi Numerology," a Kundalini Yoga numerology system. His teaching style allows students to understand complex ideas in a very simply and intuitive way and helps to shift the perspective on what it means to be human. www.tylermongan.com



Tymi Howard | Vinyasa Yoga, Yin Yoga

Is a 500 E-RYT International Yoga Teacher, Certified Holistic Health Coach and Owner of Guruv Yoga Studios in the United States. Teaching for over 25 years and pioneering the Vinyasa & Yin Yoga movements in Central Florida, Tymti is dedicated to inspiring people to discover their life's purpose through the art of yoga. Join Tymti on her many yoga adventures through Workshops, Teacher Trainings, Immersions, Festivals, Conferences, Yoga Studios, Retreats and Online. <http://www.tymtihoward.com>



Yogi Ashokananda | Himalayan Hatha Yoga

An expert and pioneer as a practising master of yoga and meditation and a speaker on humanity and spiritual philosophy. Founder of Himalayan Hatha Yoga and Prana Kriya Yoga, practises which reflect his strong respect for yoga as a complete holistic system in itself and which are based on ancient, traditional principles. His yoga is strong yet supportive and works through the entire body, cleansing and revitalising through special sequencing with a combination of sukshyam vyayam (subtle energy body exercise). www.yogishokananda.com



Yogini Kalji | TriYoga ®

Internationally acclaimed yogini and founder of TriYoga®. Featured in many magazines and other media, she has presented over 40 keynote addresses and programmes at yoga conferences and other venues worldwide. She travels widely to share TriYoga® and has been viewed regularly on Chinese television. Kalji was featured in the book *Secrets of the World's Inspirational Women*, with photos of the women in the National Portrait Gallery in London. Kalji's presence, her mastery of the flow and the ageless wisdom inherent in TriYoga® have inspired countless people worldwide. www.triyoga.com



2018 Programme

Schedule may be subject to change without notice. Please refer to the official website for the most updated schedule. Or sign up for our mailing list online to stay in the loop.

Legend

- Two-Hour Workshop
- Lecture
- Half-Day Intensive
- All-Day Intensive / Continuing Education for Teachers
- Community Event
- Special Event

(*) English with Mandarin Interpretation

Programme Information

Language

All workshops are taught in English, some offered together with Mandarin interpretation.

Type of Workshops

Two-Hour Workshop 2-hours
Educational focused sessions concentrating mainly on a defined area of concern. Most workshops involve mostly asana or practice and some lecture. Widest spectrum of sessions offered for all levels.

Lecture 2-hours
All lectures take place in the theatre style lecture halls. Lectures focus on deeper facets of yoga and other diverse topics and dimensions. Open to all levels, lecture only no asana practice – some may include meditation, Q&A, chanting, discussions. Please bring and notebook and pen for notes.

Half-Day Intensive 3-hours
More intense educational focused sessions concentrating mainly on a defined area of concern taking you deeper into your practice and knowledge offering greater insight into the topic and practice.

All-Day Intensive / Continuing Education for Teachers 6-hours
These workshops are aimed at more experienced practitioners or teachers. For yoga teachers, teachers in training or anyone who is interested in deepening their practice, skills and knowledge in exploration of new methodologies or techniques.

Community Events
Complimentary events open to the general public – registration not required. Open to all levels!

Special Events
Special events where registration and purchase is required.

Day 1 Thursday 7 June			
8:00 AM - 10:00 AM	32 Upanishads 1: Light in the Heart	Bill Mahony	Upanishads
	10 Fully Led First Series	David Swenson	Ashtanga
	196 Pranayama: Balance & Rhythm*	Eddy Marks	Iyengar
	101 JM Vinyasa*	Jared McCann	Vinyasa/Hatha
	107 Principles of Alignment*	Jonas Westring	Anusara
	73 Kundalini Yoga*	Dileep Pullyolly	Kundalini
	127 Handstands	Miguel Sant'ana	Arm Balance
	190 Tai Chi Yoga: Knowing Your True Self*	Kathy Zhou	Tai Chi Yoga
	144 Advanced Biomechanics: Lotus Secrets	Ross Rayburn	Hatha
	44 Altered States: The Breath*	Carolyn Cowan	Breath Anatomy
	202 Power of Relaxation	Yogi Ashokananda	ATMA Meditation
10:30 AM - 12:30 PM	167 Numerology: Live Your Dharma (1)	Tyler Mongan	Yoga Numerology
	163 The Key to Genuine Happiness	Swami Govindananda	Meditation
	179 Core, Arm Balances & Inversions*	Tymi Howard	Vinyasa
10:30 AM - 1:30 PM	69 Ashtanga: First Series Overview*	David Swenson	Ashtanga
	157 Movement Transition: Hip Opening*	Sinhee McCabe	Forrest Yoga®
	151 Myths of Yoga: Asana, Mantra, Mudra*	Sianna Sherman & Masood Khan	Vinyasa/Mythic Yoga Flow®
	15 Hands-on Assists Teachers*	Amy Ippoliti	Hatha/Vinyasa
	119 Yin Therapy	Markus Henning Giess	Yin Yoga
	74 Overcome Fear: Unusual Asanas & Balances *	Edward Clark	Tripsichore Vinyasa
10:30 AM - 5:00 PM	203 Teaching Kids Yoga: The Core Essentials	Jenny Smith	Kids Yoga
	102 Foundations: Tantra Yoga	Rose Erin Vaughan & Jared McCann	Tantra Yoga
12:45 PM - 2:15 PM	201 Rise & Shine with a Healthy Spine	Samrat Dasgupta	Sama Yoga, Therapeutic
2:00 PM - 5:00 PM	16 Yoga Sequencing*	Amy Ippoliti	Hatha/Vinyasa
	81 Iyengar: Yoga Therapy	Eddy Marks	Iyengar/Therapeutic
	188 Art & Science of Yogaflow*	Yogini Kaliji	TriYoga® Therapeutics
	129 How to Teach Handstand	Miguel Sant'ana	Arm Balance
	150 Yoga Women's Health & Wellness*	Samantha Chan	Women's Yoga
	174 Anatomy & Physiology of Breath	Tyler Mongan	Breath Anatomy
2:30 PM - 4:30 PM	93 Surfing Synchronicities	Gahl Eddn Sasson	Mysticism, Kabbalah, Astrology
	14 Hypnotherapy: Love, Attraction, Relationships	Aldo Privileggi	Hypnotherapy
	176 Holy Hanuman*	Tymi Howard	Vinyasa
5:30 PM - 7:30 PM	33 Upanishads 2: Thou Art That	Bill Mahony	Upanishads
	84 Yogic Diet: Eastern & Western Perspectives	Eddy Marks	Iyengar
	23 Stalking Your Fear*	Ana Forrest & Jose Calarco	Forrest Yoga®
	137 Science of Meridian: Master Workshop Vinyasa*	Rose Erin Vaughan	Hatha/Vinyasa
	181 Science of Relaxation	Yogi Ashokananda	Active Meditation
	133 Arm Balances, Hip Openers, Inversions*	Rodney Yee & Colleen Saidman	Hatha
	105 Unity: Mind Heart Opening	Javier de Salas	Self Development, Meditation
	117 Connection to Creation	Masood Khan	Meditation, Chanting, Energy Healing
	55 Yoga of Sound	Daphne Tse	Nada Yoga, Sound Healing
	125 Shoulders: Release & Activate*	Michiko Minegishi	Hatha
	76 Vinyasa: Fluidity, Breath with Movement*	Edward Clark	Tripsichore Vinyasa

Day 2 Friday 8 June			
8:00 AM - 10:00 AM	34 Upanishads 3: Self-Formed Joy	Bill Mahony	Upanishads
	165 What Happens After Death	Swami Govindananda	Vedas & Gita, Karma & Bhakti Yoga
	66 Ashtanga: Second Series Tour	David Swenson	Ashtanga
	139 Science of Meridians: Hips, Knees, Ankles*	Rose Erin Vaughan	Hatha/Vinyasa
	18 Shoulder & Neck Anatomy*	Amy Ippoliti	Hatha/Vinyasa
	192 Awakening Flow: Spine*	Michiko Minegishi	Hatha/Vinyasa
	112 Tai Chi Yoga: The Art of Slowing Down*	Kathy Zhou	Tai Chi Yoga
	46 Yoga & the Addictive Personality	Carolyn Cowan	Kundalini
	128 Advanced Handstand	Miguel Sant'ana	Arm Balance
	158 Breathe: Inversion-Back Bend	Sinhee McCabe	Forrest Yoga®
	110 Full-Spectrum Anusara Practise	Jonas Westring	Anusara
10:30 AM - 12:30 PM	168 Numerology: Live Your Dharma (2)	Tyler Mongan	Yoga Numerology
	206 Face Your Career & Business	Eric Standop	Face Reading
	45 Altered States: The Kundalini	Carolyn Cowan	Kundalini
10:30 AM - 1:30 PM	152 Healing Adjustments*	Sianna Sherman	Therapeutic, Rasa Yoga
	68 Tools, Talents, Techniques for Teachers*	David Swenson	Ashtanga
	149 The Art of Teaching Prenatal Yoga*	Samantha Chan	Pre-natal Yoga
	98 Backbending: Entire Spine*	Jared McCann	Vinyasa/Hatha
	75 Assists & Adjustments: Vinyasa Yoga	Edward Clark	Tripsichore Vinyasa
	80 Iyengar: Profound Absorption	Eddy Marks	Iyengar
10:30 AM - 5:00 PM	143 How to Sequence Therapeutics to a Workshop	Ross Rayburn	Hatha/Vinyasa, Therapeutics
	135 Yoga One Day Retreat*	Rodney Yee & Colleen Saidman	Hatha/Meditation/Restorative
1:00 PM - 1:45 PM	89 Oceans of Connection Community Meditation	Eoin Finn	Meditation
2:00 PM - 5:00 PM	184 Therapeutics: Realign-Relax-Rejuvenate*	Yogini Kaliji	Therapeutics
	148 Flexibility: Fundamentals & Advancement*	Samrat Dasgupta	Sama Yoga
	171 Anatomy: 3 Evils of the Mind (Past, Present, Future)	Tyler Mongan	Anatomy Physiology and Asana
	120 Skeletal Variation: Alignment	Markus Giess	Hatha/Yoga Anatomy/Therapeutic
	156 Movement Transition: Neck, Shoulders, Spine*	Sinhee McCabe	Forrest Yoga®
	53 AcroYoga for Everybody	Daniel Scott	Partner Yoga
2:30 PM - 4:30 PM	85 Anatomy & Physiology: Asana & Pranayama	Eddy Marks	Iyengar
	97 Exploring Your Past Lifetimes	Gahl Eden Sasson	Mysticism, Kabbalah, Astrology
	88 Open Heart, Open Hips	Eoin Finn	Vinyasa
5:30 PM - 7:30 PM	90 A Face Speaks	Eric Standop	Face Reaying
	12 Hypo-Meditation: Blocks & Limiting Beliefs	Aldo Privileggi	Hypnotherapy, Meditation
	21 Free Your Spine*	Ana Forrest & Jose Calarco	Forrest Yoga®
	49 Ying Yang Flow*	Chris Su	Yin & Yang
	182 ATMA Meditation & Pranayama: Emotions & Energy Blocks	Yogi Ashokananda	ATMA Meditation
	17 Hip Opening Flow*	Amy Ippoliti	Vinyasa Flow
	104 Spiritual Practise: Cultivate Self-Love	Javier de Salas	Self-Development/Spiritual Growth
	178 Myofascial Release: Vinyasa & Yin*	Tymi Howard	Vinyasa/Yin
	130 Grace & Fortitude: Eka Pada Sirsasana*	Patrick Creelman	Hatha
	205 Yoga Anatomy 101	Bryan Lau	Hatha/Anatomy
	56 Chakra Chanting & Sound Meditation	Daphne Tse	Sound Healing, Nada Yoga, Bhakti Yoga

Day 3 Saturday 9 June			
8:00 AM - 10:00 AM	193 Bhakti Sutra 1: What is Bhakti?	Bill Mahony	Bhakti Sutra, Yoga Philosophy
	161 Anger Management	Swami Govindananda	Vedas & Gita, Karma & Bhakti Yoga
	71 Breath, Bandhas, Pranayama*	David Swenson	Ashtanga
	141 Science of Meridians: Alchemy & Self Realization*	Rose Erin Vaughan	Hatha/Vinyasa
	153 Backbends, Pranayama, Chanting*	Sianna Sherman & Masood Khan	Vinyasa/Rasa Yoga
	77 Ujjayi Breathing for Inversions*	Edward Clark	Tripsichore Vinyasa
	54 Slow & Steady: Vinyasa*	Daniel Scott	Slow Vinyasa
	183 Alignment: Himalayan Hatha Yoga	Yogi Ashokananda	Himalayan Hatha Yoga
	103 Power of Meditation	Javier de Salas	Meditation
	86 Sustainable Backbends	Eoin Finn	Vinyasa
	113 Tai Chi Yoga: Wisdom of Inner Balance*	Kathy Zhou	Tai Chi Yoga
10:30 AM - 12:30 PM	11 Hypnotherapy: Weight Loss, Body Sculpting	Aldo Privileggi	Hypnotherapy, Meditation
	36 Bhakti Sutra 2: Yoga & Spiritual Love	Bill Mahony	Bhakti Sutra
	19 The Psoas Unleashed*	Amy Ippoliti	Hatha/Vinyasa
	22 Luminous Core*	Ana Forrest & Jose Calarco	Forrest Yoga®
	147 Arm Balances & Inversions*	Samrat Dasgupta	Arm Balance & Inversions
	65 Flying, Floating & Handstanding	David Swenson	Ashtanga
	114 Kriyoga: Triangle Series*	Lin Min	Kriyoga, Pranayama
	121 Yin Yoga Rebound	Markus Giess	Yin Yoga
	72 Tantra Yoga Sadhana*	Dileep Pullyolly	Tantra/Kundalini Yoga
	145 How to Avoid Knee Pain	Ross Rayburn	Hatha/Therapeutics
	173 Intro: Neuroanatomy & Neurophysiology	Tyler Mongan	Yoga Anatomy & Physiology
12:45 PM - 2:15 PM	94 Astrology 2018: Year of the Dog	Gahl Eden Sasson	Astrology
	132 Yoga Remedies: Natural Healing Yoga	Rodney Yee & Colleen Saidman	Hatha, Therapeutic
	198 Gong Bath	Martha Collard	Pre-natal Yoga
	62 Getting The Life You Want, Step by Step	David J Bookbinder	Life Coaching
	199 How to Run a Successful Studio*	Sylvia Chiang	
2:30 PM - 4:30 PM	95 Archetypal Astrology: Why Your Sign	Gahl Eden Sasson	Mysticism, Kabbalah, Astrology
	169 Meet Your Future Self Meditation	Tyler Mongan	Yoga Numerology
	160 Forrest Yoga: Hands on Assist Hips	Sinhee McCabe	Forrest Yoga®
	51 Five Pillars of Ashtanga	Clayton Horton	Ashtanga
	108 Anatomy & Therapeutics*	Jonas Westring	Therapeutic
	185 Hip Opening: 6 Directions*	Yogini Kaliji	TriYoga®
	194 Yogalates	Anjan Kundu	Yogalates
	87 Sthira & Sukha: Art of Core Integration	Eoin Finn	Vinyasa
	47 Overcoming Stress & Anxiety	Carolyn Cowan	Kundalini
	126 Yoga Bou®: Therapeutic Exercise*	Michiko Minegishi	Hatha/Therapeutic
	59 Kinaesthetic Techniques: Vinyasa Practise*	Dario Calvaruso	Navakarana
5:30 PM - 7:30 PM	92 Face Reveal: Health & Nutrition	Eric Standop	Face Reading
	63 Cultivating Creativity	David J Bookbinder	Self Development/Life Coaching
	83 Standing Poses: Generate & Channel Energy	Eddy Marks	Iyengar
	38 Releasing Neck Tension*	Brian Campbell	Forrest Yoga®, Bodywork
	99 Hips + Forward Folds *	Jared McCann	Vinyasa/Hatha
	177 Dance of Vinyasa & Yin	Tymi Howard	Vinyasa/Yin
	58 Self-Care & Healing: Sound Meditation	Daphne Tse	Nada Yoga
	48 Yin Yoga & Mindfulness Meditation	Chris Su	Mindfulness Yin Yoga
	116 Back Repair: No More Chronic Pain	Masood Khan	Meditation, Chanting, Energy Healing
	191 Reiki*	Stephen Clasper	Traditional Usui Reiki
	131 The 3 Pillars for Teachers*	Patrick Creelman	Hatha

Day 4 Sunday 10 June			
8:00 AM - 10:00 AM	189 Ayurveda: How to Create a Personalised Lifestyle	Dario Calvaruso	Ayurveda and Yoga Daršana
	26 Gravity Surfing*	Ana Forrest & Jose Calarco	Forrest Yoga®
	70 Ashtanga: Half Primary & Intermediate Series	David Swenson	Ashtanga
	78 Ujjayi & The Legs*	Edward Clark	Tripsichore Vinyasa
	20 Radiant Detox Glow*	Amy Ippoliti	Hatha/Vinyasa
	106 Peace is Who You Are	Javier de Salas	Meditation/Self-Realisation
	25 Movement Artist	Angela Lohse	Vinyasa Flow
	180 Prana Kriya Yoga: Heart Energy	Yogi Ashokananda	Prana Kriya Yoga
	43 Core Abs & Pranayama	Carolyn Cowan	Kundalini
	100 Hips + Inversions	Jared McCann	Vinyasa/Hatha
	204 Voice Activation	Daphne Tse	Nada Yoga
10:30 AM - 12:30 PM	162 Seven Steps to Successful Living	Swami Govindananda	Vedas & Gita, Karma & Bhakti Yoga
	64 The Art of Balance	David J Bookbinder	Life Coaching
	82 Iyengar: Grow Your Lotus!	Eddy Marks	Iyengar
	67 So You Think You Can Balance	David Swenson	Ashtanga
	39 Techniques: Healing Wrists & Elbows*	Brian Campbell	Forrest Yoga®, Bodywork
	134 Twist, Twists, and Untwist*	Rodney Yee & Colleen Saidman	Hatha
	115 Kriyoga: Vinyasa*	Lin Min	Kriyoga
	42 Kundalini: Hormones	Carolyn Cowan	Kundalini
	159 Dare Handstand	Sinhee McCabe	Forrest Yoga®
	60 Kinaesthetic Techniques: Complex Movements*	Dario Calvaruso	Navakarana
	146 How to Sequence: Open Psoas Muscle	Ross Rayburn	Hatha/Therapeutics
12:45 PM - 2:15 PM	186 Ahimsa Vegan Lifestyle	Yogini Kaliji	
	197 Kids Family Yoga	Hema Mipuri	
	31 Urban Priestess: Women's Sacred Circle*	Sianna Sherman & Ashley Turner	
	109 Thai Yoga Therapy	Jonas Westring	
	200 How to Brand Yourself as a Successful Yoga Teacher*	Sylvia Chiang	
2:30 PM - 4:30 PM	170 Create Your Future: Brain & Heart Science	Tyler Mongan	Yoga Mind and Meditation
	96 Kabbalah: Blueprint to Create Your Own Miracles	Gahl Eden Sasson	Mysticism, Kabbalah, Astrology
	24 Tame the Pain*	Ana Forrest & Jose Calarco	Forrest Yoga®
	142 The Science of Acupressure*	Rose Erin Vaughan	Acupressure Technique/Meditation
	187 Free the Spine: Flow*	Yogini Kaliji	TriYoga®
	155 Hips, Mantra, Meditation*	Sianna Sherman & Masood Khan	Hatha/Rasa Yoga
	41 Anatomy Essentials: Remove Bad Karma	Bryan Lau	Hatha Yoga/Anatomy Therapeutics
	40 Working with Scar Tissue*	Brian Campbell	Forrest Yoga®, Bodywork
	122 Yin Yoga: Purpose	Markus Giess	Yin Yoga
	123 Chakra Tune Up	Martha Collard	Naad, Kundalini
	166 Hands-on Assist	Tryphena Chia	Hatha
5:30 PM - 7:30 PM	13 Hypno-Meditation: Sleep Disorders & Anxiety	Aldo Privileggi	Hypnotherapy
	91 Face & Body Language: Love	Eric Standop	Face Reading
	52 Counterbalance: Partner Yoga*	Daniel Scott	Partner Yoga
	111 Inner & Outer Hip Spirals	Jonas Westring	Anusara
	175 Yin Yoga & Nidra*	Tymi Howard	Yin & Nidra
	118 Closing Kirtan & Meditation	Masood Khan	Meditation/Chanting
	207 Art of Letting Go	Brian Campbell	Myofascial Release
	57 Free Yourself: Dance, Sound, Meditation	Daphne Tse	Nada Yoga/Movement Meditation
	50 Restorative Yoga Therapy*	Chris Su	Mindfulness Yin Yoga
	124 Gong Sound Therapy	Martha Collard	Naad, Kundalini
	195 The Last Class*	Patrick Creelman	Hatha

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