2018 GLOBAL FACULTY

Aldo Privileggi | Hypnosis, Hypnotherapy, NLP, Meditation An "Intuit-Empath', born naturally gifted with the ability to see and empathise with the Electro-Magnetic Field that surrounds the physical body. He has introduced his skill combined with his high level of intuitive ability into his own unique style & methods of Hypnotherapy. www.AldoHypnosis.com

Amy Ippoliti | Alignment & Anatomy, Hands-on Assisting, Hatha Vinyasa Yoga

Known for bringing yoga to modern-day life in a genuine way through her intelligent sequencing, clear instruction and engaging sense of humor. She shares her passion for yoga, health, earth conservation, and with her writings for Yoga Journal, Organic Life,

Prevention, Mantra, Origin, Mind Body Green, Prana Stories, and Elephant Journal. www.amvippoliti.com | www.90monkeys.com

Ana Forrest | Forrest Yoga ®

An inspiration and has been changing people's lives for over 40 years. She is an internationally-recognized pioneer in yoga and emotional healing, a Medicine Woman, the creator of Forrest Yoga, author of the highly-acclaimed book, Fierce Medicine: Breakthrough Practices to Heal the Body and Ignite the Spirit, and is one of the most respected yoginis on the planet. www.forrestyoga.com

Angela Lohse | Movement, Vinyasa Flow

Been sharing her passion for voga since she received her teaching certification 15 years ago. One who attends her class might describe her style to be fluid and creative, and most definitely infused with inspiring music to enhance the energy of the group. Her love for flow-like inversions is also a trademark of her teachings as she feels.

learning to master life from ever-changing perspectives is another key lesson in living a happy life. www.pure-yoga.com

Anian Kundu | Yogalates

Main influences are Jamal Uddin Shek, Sunirmal Kundu, B.K.S. lyengar and Dibyasunder Das. Since moving to Hong Kong, he has furthered his yoga studies with Patrick Creelman, become a certified Pilates teacher and completed a training with Karen Wightman in children's yoga. www.pure-yoga.com

Bill Mahony | Yoga Philosophy, Upanishads, Bhakti Sutras Known in the international yoga community for his informed and warm teaching that is accessible to students at all levels. He has written numerous books on the spiritual traditions of India, including Exquisite Love: Reflections on the Spiritual life based on Narada's Bhakti Sutra. Bill has a deep understanding for the yogic life

grounded in his widely-recognized scholarship and by nearly five decades of his own spiritual practise. He is Professor of Religion at Davidson College, one of the premier institutions of higher learning in the United States. www.wkmahony.com

Brian Campbell | Forrest Yoga ®, Myofascial Bodywork A Bodyworker, Forrest Yoga Guardian Teacher, and a hands-on teacher of Anatomy and Myo-Fascial Release Massage. He has 17 years experience doing Pain specific Structural Massage and 15 years teaching Forrest Yoga. Built upon a synergy of Forrest Yoga 8 Myo-Fascial Bodywork. His mission is to teach people worldwide how to use their hands to help relieve pain in others. www.bodyworkyoga.com

Dr. Bryan Lau | Anatomy Therapeutics

As a medical doctor and voga teacher. Brvan manages to operate in the space between rigid science and the amorphous metaphysical. His teachings in the anatomy and therapeutic voga workshops in Hong Kong, Mainland China and Singapore mindfully applies knowledge of biomechanics, functional anatomy and

understanding of the powerful healing effects of yoga, physically and spiritually. www.facebook.com/DrBryanYoga

Carolyn Cowan | Kundalini Yoga, Conscious Motherhood, Pregnancy, Addictions, Pranayama, Trauma Recovery A London based Kundalini Yoga teacher, Teacher Trainer and a Psychosexual Therapist specialising in addiction & trauma recovery Currently, she enormously successful courses all over the world, teaching the art of Kundalini Yoga and pranayama, and how this

technology can be a powerful tool for trauma recovery, for a conscious pregnancy and motherhood. http://www.carolyncowan.com/

Chris Su | Mindfulness Yin Yoga

A Malaysia senior Yin mindfulness Yoga Trainer, he is a Yoga Alliance Certified Advance Trainer and a licensed Reiki therapist. He is also a keen student of Buddhist studies. Chris Su recently co-founded the Yin Mindfulness Immersion, a mindfulness-based strategy firm and he co-wrote The Yin Mindfulness Yoga & Meditation, Strategies for Enlightened Living. www.yin-mindfulness.com

Clayton Horton | Ashtanga Yoga

An experienced and internationally known KPJAYI Certified Ashtanga yoga teacher. Studied with masters Sri K. Pattabhi Jois and the Greensufi for many years, he founded Greenpath Yoga. He's received formal authorisation to teach Ashtanga Yoga from the Ashtanga Yoga Research Institute of Mysore, South India in 2003 and he received Level Two Authorisation in 2010. In 2016, he was awarded Certification, the highest level of accreditation for teachers at the institute. www.greenpathyoga.org

Colleen Saidman | Hatha Yoga

A graduate of Jivamukti's 1998 teacher-training program, Colleen opened her own studio, Yoga Shanti, in Sag Harbor, in 1999. Yoga Shanti has since expanded to include locations in Manhattan and Westhampton Beach. She and her husband, Rodney Yee, teach yoga teacher trainings at Yoga Shanti, as well as all over the globe. https://www.colleensaidmanyee.com/

Daniel Scott | Ashtanga Yoga, Vinyasa Yoga, Intuitive Movement, AcroYoga

A globally renowned ashtanga-vinyasa teacher and Certified Level 2 AcroYoga instructor, Daniel is a yogi provocateur offering a fresh alternative to the traditional "yoga voice," Daniel Scott's workshop's are a lively mix of balance and improvisation, strength and flexibility, breath and

body. Daniel Scott strives to answer the ever-present question: Are you moving or being moved? www.danielscottyoga.com

Daphne Tse | Nada Yoga, Bhakti Yoga (Kirtan)

Co-founder of SpiritDance SoulSong with her friend and mentor, Ellen Watson, an embodied movement, sounding, singing and fully integrated practice that brings back medicinal roots of the yoga of dance & sound. She has travels extensively sharing her music and teachings around the world. Her music has been featured on yoga music compilations with

Shiva Rea, Samahita LIVE, and she has released 2 solo albums, Mata and Finding Water. www.daphnetse.com

Dario Calvalruso | Navakaraņa Vinyāsa™ Method

Director at Holistic Wellness Ltd., Founder and Conceiver of the Navakarana Vinyāsa™ Method, Consultant and Senior Teacher at Pure Yoga Hong Kong. He teaches with a systematic approach, provides very concise instructions to facilitate a harmonious flow, rhythmic breathing, concentration and mental clarity. His classes are led in

traditional Sanskrit terminology. His classes are truly original, challenging and energetic http://www.navakaranavinvasa.com/

David J. Bookbinder | Life Balance, Cultivating Creativity, Creative Writing, Life Coaching

David J. Bookbinder is a psychotherapist, writer and photographer. He has been writing and taking photographs since his teenage years, but h came to psychotherapy later in life, after a transformative near-death experience shifted him toward art and healing. http://www.davidbookbinder.com

David Swenson | Ashtanga Yoga

Recognised today as one of the world's foremost practitioners and instructors of Ashtanga Yoga. One of a very small number of people worldwide that have learned the entire Ashtanga system including all asana sequences and pranayama as it was originally taught by Sri K. Pattabhi Jois. He has produced 8 DVD's and is the author of the best-selling yoga book: Ashtanga Yoga "The Practice Manual" which has been translated into 14 languages. https://www.ashtanga.net/

Dileep Puliyolly | Tantra Yoga, Kundalini Yoga, Meditation, Yoga Nidra, hatha Yoga, Pranayama, Yoga Therapy

One of the very few Authentic Tantra/Kundalini Teachers in Asia, who got trained in the traditional Indian way. Having 20 years of teaching experience, Dileep is shedding light on the esoteric practises of the ancient India. By making the complicated methods of practises into

easy understanding, he made this system accessible to all. www.yoganaath.org

Edward Clark

Edward Clark is a figure acknowledged throughout the world for his work integrating the fields of theatre and yoga. His performing company, Tripsichore, tours regularly throughout Europe, North America and Asia. Mr. Clark is also internationally recognised as a teacher of advanced yoga technique and philosophy whose teachings are sought around the globe. He is a regular presenter and workshop leader at the prestigious Yoga Journal Conferences as well as a sought after teacher on various Teacher Training Programmes

Eddy Marks | Iyengar Yoga, Anatomy, Physiology, Yoga Therapy Eddy Marks is an Advanced certified lyengar yoga instructor. With 40+ years practice & 35+ years teaching experience, this internationally recognized teacher, exercise physiologist, teacher trainer and assessor who shows how to reach our true Self within by unifying body & mind. www.sandiegoyoga.com

in the USA, UK and Asia. www.tripsichore.com

Eoin Finn | Vinyasa Yoga, Blissology Yoga, Blissology Alignment Yogi, Surfer, Blissologist and founder of Blissology Yoga, which allows the wisdom of our innermost heart to guide our relationships with our bodies, our communities, and nature. Eoin is passionate about bringing spirituality down to earth and reclaiming guiet time in nature as the greatest spiritual portal and our best source of health and happiness. As an ocean activist, he started the Blissology EcoKarma project, raising aid and awareness through yoga for the world's imperiled coral reefs. He's been featured in Oprah, InStyle, Vogue, the New York Times and the Yoga Journal. www.blissology.com

Eric Standop | Face Reading

Founder of the Face Reading Academy is now working for 14 years to spread the wisdom of the face. His clients and students are of all kind and based on four continents: Companies in the Silicon Valley, Corporate, HR, Investigators, Therapists, Teachers, Coaches, Doctors, Psychologists, also single individuals, who want to improve their

knowledge of human nature. His sessions and training is based on ancient methods but also already scientific approved techniques. www.readtheface.com

Gahl Sasson | Mysticism, Kabbalah, Astrology

Named "Los Angeles' Best Astrologer", his encyclopedic knowledge and charismatic presence have also made him a sought-after guest speaker. An established author and has been teaching workshops on Storytelling, Kabbalah, Astrology, and Mysticism around the globe for over 20 years www.CosmicNavigator.com

Hema Mirpuri | Kids Yoga, Family Yoga

A YA registered children's yoga teacher and E-RYT 200. She completed her B.S in Dietetics and during the same period also completed her first teacher training in 2004 in Boston. For a very long time, Hema has always had a passion towards kids, yoga and a healthy lifestyle. Her constant pursuit for this passion has led her to various trainings in this profession. http://www.yogaroomhk.com/

An international yoga teacher who leads trainings and workshops around the world. He is the two-time US Yoga Champion and the 2013 World Yoga Asana Champion. Jared McCann Yoga classes seamlessly blend different styles to create a complete, comprehensive and energizing practise. www.Jaredmccannyoga.com

Javier De Salas | Mystic Healing, Mystic Therapy For the last 25 years, he has received spiritual training and instruction within the Self Realization School Golden Ray led by Master José, in Spain. Here he's been initiated in the practice of meditation and Mystic Healing. For over 20 years he has been leading weekend meditation workshops and Self Development and Mystic Therapy retreats in nature in many parts of Spain as well as in several European cities, Israel, USA, Japan and Indonesia. www.javierdesalas.net

Jenny Smith | Kids Yoga, Prenatal Yoga, Restorative Yoga Jenny has lead specialist training workshops, been a quest speaker at Wellness events, and is now teaching internationally leading her Gecko Yoga Children's 95hour teacher training, Life Spectrum 200hour and Prenatal Yoga Trainings. Jenny (and her daughter) has lead the Family Yoga Class at the Asia Yoga Conference in 2014, 2015 & 2017 and is very excited to be a part of the Training Faculty in 2018!

Miguel Sant'anais a hand balancing master and teacher. A fellow capoeira artist and circus acrobat, he often makes the often-elusive art of handstand look effortless. Miguel has been trained in handstands with Master Claude Victoria (83 years old) in France who has been teaching "The Art of Hand Balancing" for 65 years. Since then Miguel's has travelled all over the world to 25 countries growing this knowledge and teaching.

Jared McCann | Jared McCann Yoga, Vinyasa/Hatha Yoga

Mantra

Founder of Red Doors Studio, Gong Master and Catalyst for Emotional Wellbeing. After making a living for over 25 years as a management consultant in the field of human performance and effectiveness, Martha founded a studio to reverse the effects of stress through ancient practises that are relevant, efficient and accessible to modern man. www.red-doors.com

A percussionist, composer, producer, PhD, meditation instructor, energy healer, actor and founder of the 'Connection 2 Creation' program. A practitioner of yoga for over 25 years, with an innate spiritually desire to continue his soul mission to help humanity with every talent possible. http://www.masoodalikhan.com





-



25







































therapeutic skills to traditional asana practise, with the aim to deepen students'



Jonas Westring | Anusara Yoga, Anatomy & Therapeutics, Thai Yoga Therapy

Founder of Shantaya Yoga & Bodywork School in Chiang Mai. With a solid education in western medicine and 35 years experience of holistic healing modalities and personal practices from the east, using the

effective and systematic Anusara Yoga method as his main teaching path. He also has experience in many other styles including Ashtanga Vinyasa, Iyengar Yoga, Kripalu Yoga, Integrative Yoga Therapy and more. www.shantaya.org

Jose Calarco | Forrest Yoga ®

Has had a long and varied association in the Arts, Music and Yoga in Australia and around the World for the last thirty years. In 2014 Jose joined forces with international yoga legend Ana Forrest as a ceremonial musical director, business mentor, and Ana's life partner, providing artistic and cultural direction into Ana's international yoga events. Jose is a

singer, songwriter, musician, storyteller and Medicine man. Jose & Ana's Synergetic Collison of worlds is today reshaping the future of Yoga. www.forrestyoga.com

Kathy Zhou (Zhou Xiao Yuan) | Tai Chi Yoga

Founder of KUN Tai Chi Yoga, the 13th generation inheritor of Chen Tai Chi. She is also the Champion of the Women's Team of International Chen Tai Chi Tournament, Hong Kong. Kathy Zhou has over 18 years of Yoga Alliance Certified yoga teaching experience. She is the forma teacher that integrated Tai Chi and Yoga, forming a complete teaching system of Tai Chi Yoga.

Lin Min | Kriyoga

Lin Min is a well esteemed highly sought Kriyoga teacher in China, also the Yoga instructor to the Chinese Table Tennis Team. She is also the author of three best-selling yoga books in China. Lin Min's yoga style is simple, yet one of the most effective practising methods to help achieve physical and mental balance, renewal and vitality.

Markus Giess | Yin Yoga, Yoga Anatomy

Born in Germany, Markus has accumulated over 10,000 hours of professional training. His vast knowledge in dance, anatomy, yoga, philosophy, meditation, body and energy work makes his teaching very unique. With over 25 years of teaching experience under his belt, he is considered one of the most prominent Yin Yoga & anatomy teachers in Europe. www.yintherapy.com

Martha Collard | Gongs, Kundalini, Walking Meditation, Pranayama,

Masood Khan | Kirtan, Meditation, Energy Healing

Michiko Minegishi | Hatha Yoga, Therapeutic Yoga

A Japanese yoga instructor and the owner/director of Body & Mind Yoga. She conducts regular yoga classes/workshops and seminars nationally and internationally. She's been giving yoga lessons to the candidate athletes for the Paralympics Games of the 2020 Tokyo Olympics. Her publications include the exercise book "Shoulder Blade

Stretch" (2013) and essay book "To the Future with Smiles". http://www.bmy-studio.com/

Miguel Sant'ana | Arm Balance, Handstand

Patrick Creelman | Hatha Yoga

As Pure Yoga's founding teacher, Patrick has found a unique role over the past decade as a leader in growing the yoga community throughout South East Asia. His teachings are informed by years of study under the yogic traditions of tantric philosophy and skillful alignment which his classes are based on, allowing students to access and build upon their own strength & intelligence. www.pure-yoga.com

Rodney Yee | Hatha Yoga, Yee Yoga

Began his Yoga inquiry in 1980. In the same period he was a ballet dancer for the Oakland ballet and a physical therapy and philosophy major at UC Berkley. His yearning for a life that would utilize mind, body and spirit was satiated by the practising and teaching of Yoga, which over the years Rodney has been instrumental in introducing to the United States. http://www.yeeyoga.com/

Rose Erin Vaughan | Hatha Vinyasa Yoga, Yoga Anatomy, Dharma Yoga ®

A seasoned Acupuncturist, Yoga Teacher, and Anatomy specialist. Her extensive training in a variety of modalities, sciences and philosophies has helped her to establish a contemporary and unique approach to guide Yoga students. She also treats patients in U.S.A and teaches Yoga internationally. www.ba-ny.com

Ross Rayburn | Iyengar Yoga, Ashtanga Yoga, Hatha Vinyasa Yoga Has taught in over 100 different cities in 24 countries. He has focused on yoga therapeutics for the last 11 years and has worked with a number of professional athletes and dancers. He has taught internationally over 50 therapeutic trainings to hundreds of teachers and

and total wellness. In addition to her foundational Hatha Vinyasa teacher

training, she has also expanded into Pre- and Post-natal Yoga Teacher

Training, Birthlight Perinatal Yoga, Infant Massage, and Kids Yoga. Her

students including physical therapists and medical doctors. Considered one of the most knowledgeable teachers when it comes to blending strong yoga with smart yoga, but his greatest attribute is how approachable he is. www.rossrayburn.com

Samantha Chan | Prenatal Yoga Her vision extends not only yoga, but also women's health, life balance,

















Yoga King, Yoga Shree, and eventually the acclaimed "Champion of Champions" award in the All-India Yoga Asana competitions in 1999. Students can expect to explore their strengths, work on focus - his teaching focuses on alignment and steady connection to the breath, constituting a still mind with clarity and consciousness in actions both inside and outside the yoga classroom. http://www.yogasamrat.com/

Sianna Sherman | Mythic Yoga Flow®

Rasa Yoga, Hatha Vinyasa Yoga, Tantra Living Wisdom An internationally renowned yoga teacher, community activator, evocative storyteller and a passionate speaker at festivals throughout the world. She is the founder of Rasa Yoga, Mythic Yoga Flow®, creator of Goddess Yoga in partnership with Yoga Journal and co-founder of Urban Priestess - a platform that serves the empowerment of women. http://www.siannasherman.com | http://www.urban-priestess.com

Sin Hee McCabe | Forrest Yoga ®

Actively working as a Forrest Yoga Guardian since 2007. Sin Hee has insightful knowledge of both anatomy and bodywork. She offers vast knowledge in working with injuries from repetitive motions from yoga, sports, and daily life. www.sinheeyoga.com

Stephen Clasper | Usui Reiki, NLP, Thetahealing

Co-founder of Shakti Healing Circle and a graduate of Cambridge University, Stephen brings a lifetime of international experience to helping people. Stephen is a certified Master Coach as well as a Master Teacher in Usui Reiki. He is also a basic and advanced DNA Theta healing Practitioner and a certified practitioner in Neuro-Linguistic Programming (NLP). He gives individual and partner sessions in Relationships Coaching, as well as Career Coaching, and Reiki healing sessions in addition. http://www.shaktihealingcircle.com

Swami Govindanada | Bhakti Meditation Master

Founder of Ji Living. He is widely known for his depth of knowledge, his gentle, humorous nature and his ability to inspire in others the quest for genuine spiritual living. Through his Ji Living retreats, online videos, audio meditations, live presentations, and written material, Swamiji has touched the heart of many people. www.swamigovindananda.com





successfully delivered transformative and inspiring experiences for students towards loyal satisfaction with their yoga centers. www.yogayo.asia

Tryphena Chia | Power Yoga

The only 500hr certified Baptiste teacher in Asia. She is tremendously thankful for all the great teachers she has studied with. Her two main teachers are - Baron Baptiste and Sri Dharma Mittra. Baron has helped Tryphena to be fearless in stepping up to her fullest potential and to be a beacon of light for others so they can live to their fullest potential as well. Tryphena firmly believes that it is in our way of living that the spirit of yoga truly comes to life. www.pure-yoga.com





Integrates a diverse background in yoga numerology, yoga anatomy, quantum medicine research and business innovation. He is a master numerologist and author of "Ho'olokahi Numerology," a Kundalini Yoga numerology system. His teaching style allows students to

understand complex ideas in a very simply and intuitive way and helps to shift the perspective on what it means to be human. www.tylermongan.com

Tymi Howard | Vinyasa Yoga, Yin Yoga

http://www.tymihoward.com

Is a 500 E-RYT International Yoga Teacher, Certified Holistic Health Coach and Owner of Guruv Yoga Studios in the United States. Teaching for over 25 years and pioneering the Vinyasa & Yin Yoga movements in Central Florida, Tymi is dedicated to inspiring people to discover their life's purpose through the art of yoga. Join Tymi on her many yoga adventures through Workshops, Teacher Trainings, Immersions, Festivals, Conferences, Yoga Studios, Retreats and Online.

Yogi Ashokananda | Himalayan Hatha Yoga

An expert and pioneer as a practising master of yoga and meditation and a speaker on humanity and spiritual philosophy. Founder of Himalayan Hatha Yoga and Prana Kriya Yoga, practises which reflec his strong respect for yoga as a complete holistic system in itself and which are based on ancient, traditional principles. His yoga is strong



yet supportive and works through the entire body, cleansing and revitalising through special sequencing with a combination of sukshyam vyayam (subtle energy body exercise). www.yogiashokananda.com

Yogini Kalji | TriYoga ®

Internationally acclaimed yogini and founder of TriYoga®. Featured in many magazines and other media, she has presented over 40 keynote addresses and programmes at yoga conferences and other venues worldwide. She travels widely to share TriYoga® and has been viewed regularly on Chinese television. Kaliji was featured in the



book Secrets of the World's Inspirational Women, with photos of the women in the National Portrait Gallery in London, Kaliji's presence, her mastery of the flow and the ageless wisdom inherent in TriYoga® have inspired countless people worldwide. www.triyoga.com





























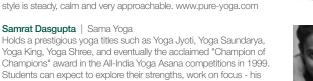






































2018 Pro<u>c</u>

Schedule may be subject to change without notice. Please refer to the official website for the most updated schedule. Or sign up for our mailing list online to stay in the loop.

- Two-Hour Workshop
- Lecture
- Half-Day Intensive
- All-Day Intensive / Continuing Education for Teachers
- Community Event
- Special Event

(*) English with Mandarin Interpretation

Programme Information

Language

All workshops are taught in English, some offered together with Mandarin interpretation.

Type of Workshops

Two-Hour Workshop

Educational focused sessions concentrating mainly on a defined area of concern. Most workshops involve mostly asana or practice and some lecture. Widest spectrum of sessions offered for all levels.

2-hours

3-hours

Lecture

2-hours All lectures take place in the theatre style lecture halls. Lectures focus on deeper facets of yoga and other diverse topics and dimensions. Open to all levels, lecture only no asana practice - some may include meditation, Q&A, chanting, discussions. Please bring and notebook and pen for notes.

Half-Day Intensive

More intense educational focused sessions concentrating mainly on a defined area of concern taking you deeper into your practice and knowledge offering greater insight into the topic and practice.

All-Day Intensive / Continuing Education for Teachers 6-hours

These workshops are aimed at more experienced practitioners or teachers. For yoga teachers, teachers in training or anyone who is interested in deepening their practice, skills and knowledge in exploration of new methodologies or techniques.

Community Events

Complimentary events open to the general public – registration not required. Open to all levels!

Special Events

Special events where registration and purchase is required.

10:00 AM 10 Fully Led First Series David Svenson Ashtanga 10 Fully Led First Series David Svenson Ashtanga 11 JM Vinyasa* Jared Mccann Vinyasaz/Hatha 107 Principles of Alignment* Jonas Westring Anusara 107 Kundalini Yoga* Dileep Puliyolly Kundalini 108 Kundalini Yoga* Dileep Puliyolly Kundalini 109 Tai Chi Yoga: Knowing Your True Self* Kathy Zhou Tai Chi Yoga 101 JA dvanced Biomechanics: Lotus Secrets Ross Raybum Hatha 102 Power of Relaxation Yogi ArtMA Mediation 1030 Tai Chi Yoga: Knowing Your True Self* Kathy Zhou Tai Chi Yoga 1030 Tai Chi Yoga: Knowing Your True Self* Rathy Zhou Tai Chi Yoga 1030 Tai Chi Yoga: Knowing Your True Self* Kathy Zhou Tai Chi Yoga 1030 Tai Chi Yoga: Knowing Your Shon Shunanada ArtMA Mediation 1030 AM 167 Numerology: Live Your Dharma (1) Tyler Mongan Yoga Numerology 12:30 PM 163 The Key to Genuine Happiness Swama Suman Sherman Ninyasa/Mythic 130 Core, Arm Balances * Tyrm Howard Vinyasa Yoga<					
10:00 AM 10 Fully Lad First Series David Swenson Astranga 10 Fully Lad First Series David Swenson Astranga 11 JM Vinyasa* Jareal Mccann Vinyasa/Hatha 117 Handstands Jareal Mccann Vinyasa*/Hatha 118 Principles of Alignment* Jones Westring Anusara 118 Kundalini Yoga* Dielep Pulyoly Kundalini 117 Handstands Miguel Sant'anna Arm Balance 118 Autered States: The Breath* Carolyn Cowan Breath Anatomy 119 Power of Relaxation Yoji ATMA Mediation 119 Power of Relaxation Yoji Yoyasa 110:30 AM 107 Numerology: Live Your Dharma (1) Tyler Monga Yoga Numerology 112:30 PM 107 Not Genuine Happiness Swani Govindananda Yintyasa 110:30 AM 107 Notres Santanga, Mantra, Mudra* Sinhee McCabe Forest Yoga8 113:30 PM 107 Notres Santanga, Mantra, Mudra* Sinhee McCabe Yintyasa 113:30 PM 10 Had-son Assist Teachers* Arny Ippoliti HatharVinyasa 113:30 PM 10 Yin Therapy Marke Yingasa			Day 1 Thursday 7 June		
10 Full Led First Series David Swenson Asrtangan 10 Jul Vinyasa* Jared Mocann Vinyasa/Hatha 107 Principies of Alignment* Jonas Westring Anusara 107 Principies of Alignment* Jonas Westring Anusara 107 Principies of Alignment* Diles Pulyolv Kundalini 108 Tai Ch Yoga: Knowing Your Trus Self Kathy Zhou Tai Ch Yoga: Knowing Your Trus Self Kathy Zhou Tai Ch Yoga: Knowing Your Trus Self Kathy Zhou Tai Ch Yoga: Knowing Your Trus Self Kathy Zhou Tai Ch Yoga: Knowing Your Trus Self Kathy Zhou Tai Ch Yoga: Knowing Your Trus Self Kathy Zhou Tai Ch Yoga: Nano 10:30 AM 103 The Key to Genuine Happiness Swami Mediation 10:30 AM 105 Mohement Transition: Hip Opening* Sinhee McCabe Forrest Yoga® 10:30 AM 105 Hands-on Assists Teachers* Arm Jopolit Hatha/Vinyasa 10:30 AM 101 Yin Therapy Markus Hands-Ninyasa 10:30 AM 102 Foundations: Tantra Yoga Rose Erin T	B:00 AM -		Upanishads 1: Light in the Heart	Bill Mahony	Upanishads
10.1 JM Vinyasa* Jared Mccann Vinyasa/Hatha 107 Principles of Alignment* Jonas Westing Anusara 108 Tai Chi Yoga Dileep Puliyolly Kundalini 109 Tai Chi Yoga Knowing Your True Self* Kathy Zhou Tai Chi Yoga 114 Advanced Biomechanics: Lotus Secrets Ross Raybum Hatha 11230 PM 167 Numerology: Live Your Dharma (1) Tyfer Mongan Yoga Numerology 11230 PM 168 Numerology: Live Your Dharma (1) Tyfer Mongan Yoga Numerology 11230 PM 168 Numerology: Live Your Dharma (1) Tyfer Mongan Yoga Numerology 11230 PM 169 Ashtanga: First Series Overview* David Swenson Ashtanga 1130 PM 168 Moythe of Yoga: Asana, Mantra, Mudra* Siames Sherman Yinyasa 1130 PM 161 Yint Ford Yoga: Asana, Mantra, Mudra* Siames Sherman Yin Yoga 114 Yin Therapy Markus Hatha/Vinyasa 115 Yint Ford Yoga: Asana, Mantra, Mudra* Siames Sherman Yin Yoga 116 Yous on Assists Teachers* Army Ippolit Hatha/Vinyasa 117 Yin Therapy Markus Yin Yoga 118 Yaas on Assists Teachers*	IV.UU AIVI		•		Ashtanga
107 Principles of Alignment* Jonas Westning Anusara 73 Kundalini Yoga* Diles Pullyolly Kundalini 127 Handstands Miguel Sant'ana Ama Balance 144 Advanced Biomachanics: Lotus Secrets Ross Rayburn Hatha 144 Advanced Biomachanics: Lotus Secrets Ross Rayburn Hatha 143 Advanced Biomachanics: Lotus Secrets Ross Rayburn Hatha 144 Advanced States: The Breath* Carolyn Cowa Breath Anatomy 1230 PM 163 The Key to Genuine Happiness Govindananda Hotta Nationa 1230 PM 69 Ashtanga: First Series Overview* David Swenson Ashtanga: 1330 PM 163 Movement Transition: Hip Opening* Sinhee McCabe Forrest Yoga® 134 Vencome Fear: Unusual Asanas & Edward Clark Tripsichore 135 Hands-on Assists Teachers* Amy lppoliti Hatha?Vinyasa 10:30 AM 102 Foundations: Tantra Yoga Rose Ein Tantra Yoga 10:30 AM 103 Foundations: Tantra Yoga Rose Ein Tantra Yoga 10:30 AM 104 Foundations: Tantra Yoga Rose Ein Samara Yoga, Tantra Yoga 10:30 AM 105 Yoga Seq		196	Pranayama: Balance & Rhythm*	Eddy Marks	lyengar
73 Kundalini Yoga* Dileap Puliyoliy Kundalini 12 Handstands Miguel Sant'ana Am Balance 190 Tai Chi Yoga Knowing Your Tue Self* Kathy Zhou Tai Chi Yoga 190 Tai Chi Yoga Knowing Your Tue Self* Kathy Zhou Tai Chi Yoga 190 Tai Chi Yoga Knowing Your Tue Self* Kathy Zhou Tai Chi Yoga 1020 AM Athreed States: The Breath* Carolyn Cowan Breath Anatomy 1023 AM 167 Numerology: Live Your Dharma (1) Tyler Mongan Yoga Numerology 1230 PM 168 The Key to Genuine Happiness Swami Meditation 1020 AM 69 Astnaga: First Series Overview* David Swenson Astharga 1130 PM 15 Morthor Or Yoga: Asana, Mantra, Mutra* Sianna Sherman Vinyasa 1131 With of Yoga: Asana, Mantra, Mutra* Sama Yoga Tripsichore Vinyasa 1192 Vin Therapy Markus Thathav/Vinyasa Tripsichore 1193 Vin Therapy Markus Tripsichore Vinyasa 11020 AM 200 Foendations: Tantra Yoga Rose Erin Yuayfan &			•	Jared Mccann	Vinysasa/Hatha
127 Handstands Miguel Santam Am Balance 190 Tai Chi Yoga: Knowing Your True Self Kathy Zhou Tai Chi Yoga 144 Advanced Biomechanics: Lotus Secrets Ross Raybum Hatha 128 Power of Relaxation Yogi ATMA Mediation 129 Power of Relaxation Yogi ATMA Mediation 1210 Core, Arm Balances & Inversions* Tymi Howard Vinyasa 1230 PM 165 Numerology: Live Your Dharma (1) Tyler Mongan Yoga Numerology 1230 PM 166 Asthanga: First Series Overview* David Swenson Ashtanga 130 PM 167 Movement Transition: Hip Opening* Sinkee McCabe Forrest Yoga® 130 PM 178 Vinh So Yoga: Asana, Mantra, Mudra Sianen Sherma Yinyasa/Mythic 131 Withs of Yoga: Asana, Mantra, Mudra Sianen Sherma Tripsichore 1320 PM 74 Overcome Far: Unusual Asanas & Edward Clark Tripsichore 1330 PM 74 Overcome Far: Unusual Asanas & Edward Clark Tripsichore 1330 PM 74 Yoga Sequencing* Amy Jopoliti Hatha/Vinyasa 1340 Tracshing Kids Yoga: The Core Essentials Jenes Yin Yoga Harkus 1350 PM 74 <td< td=""><td></td><td>107</td><td>Principles of Alignment*</td><td>Jonas Westring</td><td></td></td<>		107	Principles of Alignment*	Jonas Westring	
190 Tai Chi Yoga: Knowing Your True Self* Kathy Zhou Tai Chi Yoga 144 Alvaneed Biomechanics: Lotus Secrets Ross Rayburn Hatha 144 Alvaneed Biomechanics: Lotus Secrets Ross Rayburn Hatha 143 Alvaneed Biomechanics: Lotus Secrets Ross Rayburn Hatha 143 Alvaneed Biomechanics: Lotus Secrets Ross Rayburn AlvaneedBiomechanics: Lotus Secrets 12:30 PM 163 The Key to Genuine Happiness Swamin Govindamanda 10:30 AM 69 Ashtanga: First Series Overview" David Swenson Ashtanga: Trips Schwenw 11:30 PM 167 Movement Transition: Hip Opening* Sinhee McCabe Forrest Yoga8 11:30 PM 163 Hands-on Assists Teachers* Amy Ippoliti Hatha?Uniyasa 11:30 PM 163 Foreaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 11:30 PM 162 Foundations: Tantra Yoga Rose Erin Yurjasa Yin Yoga 11:30 PM 163 Yeag Sequencing* Amy Ippoliti Hatha?Uniyasa 11:30 PM 164 Yoga Sequencing* Amy Ippoliti Hatha?Uniyasa			· · ·		
144 Advanced Biomechanics: Lotus Secrets Ross Rayburn Hatha 44 Altered States: The Breath* Carolyn Cowan Breath Anatomy 1020 AM Power of Relaxation Yogi ATMA Meditation 10230 AM The Key to Genuine Happiness Swami Meditation 10230 AM The Key to Genuine Happiness Swami Meditation 10230 AM Fig. Core, Arm Balances & Inversions* Tymi Howard Vinyasa 10230 AM Fig. Astnaga: First Series Overview* David Swenson Astnaga 10230 AM Fig. Astnaga: First Series Overview* David Swenson Astnaga 10230 AM Fig. Myths of Yoga: Asana, Mantra, Mudra* Siana Sherman Vinyasa 113 Withs of Yoga: Asana, Mantra, Mudra* Siana Sherman Vinyasa 114 Vin Therapy Markus Trantra Vinyasa Vinyasa 115 Myths of Yoga: The Core Essentials Jared McCan Trantra Yoga 10230 AM Fig. Foundations: Tantra Yoga Pose Erin Yaughan & Jared McCan Trantra Yoga 112.45 PM Foundations: Tantra Yoga Pose Erin Yaughan & Jared McCan Trantra Yoga 112.45 PM Foundations: Tantra Yoga Pose Erin Yaughan & J				÷	
44 Altered States: The Breath* Carolyn Cowan Breath Anatomy 10:30 AM 67 Numerology: Live Your Dharma (1) Tyler Mongan Yoga Numerology 12:30 PM 163 Numerology: Live Your Dharma (1) Tyler Mongan Yoga Numerology 12:30 PM 163 Numerology: Live Your Dharma (1) Tyler Mongan Yoga Numerology 10:30 AM 68 Ashtanga: First Series Overview* David Sweenson Ashtanga 11:30 PM 15 Movement Transition: Hip Opening* Sinhee McCabe Forest Yoga® 11:30 PM 16 Hands-on Assists Teachers* Amy Ippoliti Hath/Vinyasa 11:30 PM 18 Anacs-on Assists Teachers* Amy Ippoliti Hath/Vinyasa 11:30 PM 19 Yin Therapy Markus Tymishore Yinyasa 11:30 PM 10 Overcome Fear: Unusual Asanas & Edward Clark Tripsichore 11:30 PM 10 Poundations: Tantra Yoga Rose Erin Yaughan & Yaughan & 11:24 PM 201 Rise & Shine with a Healthy Spine Samrat <td< td=""><td></td><td></td><td></td><td></td><td></td></td<>					
202 Power of Relaxation Yogi Ashokananda ATTMA Maturon Ashokananda 10:30 AM 12:30 PM 163 Numerology: Live Your Dharma (1) Tyler Mongan Yoga Numerology 12:30 PM 163 The Key to Genuine Happiness Swami Govindananda Meditation 12:30 PM 66 Ashtanga: First Series Overview* David Swenson Ashtanga 13:30 PM 163 Movement Transition: Hip Opening* Sinne McCabe Forrest Yoga® 13:30 PM 164 Hands-on Assists Teachers* Amy Ippoliti Hatha/Vinyasa 13:30 PM 151 Mythis of Yoga: Asana, Mantra, Mudra* Sienna Sherma Vinyasa/Mythic 13:30 PM 163 Norecome Fear: Unusual Asanas & Edward Clark Tripsichore Vinyasa 10:30 AM- 5:00 PM 102 Foundations: Tantra Yoga Rose Ein Vaaghan & Jaared McCann Tartra Yoga 12:45 PM 201 Rise & Shine with a Healthy Spine Samarta Sama Yoga, Therapeutic 12:45 PM 161 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 5:00 PM- 12:20 DM- 12:0 168 Art & Science of					
Numerology Asinokananda 10:30 AM 163 Numerology: Live Your Dharma (1) Tyler Mongan Yoga Numerology 12:30 PM 163 The Key to Genuine Happiness Swami Govindananda Meditation 10:30 AM 63 Ashtanga: First Series Overview David Swenson Ashtanga 10:30 AM 153 Movement Transition: Hip Opening" Sinhee McCabe Forrest Yoga® 10:30 AM 154 Hands-on Assists Teachers* Amy Ippoliti Hatha/Vinyasa 10:30 AM 109 Yin Therapy Markus Yin Yoga Yinyaga 10:30 AM 203 Teaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 10:30 AM 102 Foundations: Tantra Yoga Rose Erin Varughan & Jared McCann Tantra Yoga 10:30 AM 102 Rose Shine with a Healthy Spine Samat Samat Yoga, Therapy 12:45 PM 21 Rose Scinn Yangt Ans Jared McCann Therapeutic 12:00 PM - 102 Roga Scinnenith a Healthy Spine Samat Samat Yoga <td></td> <td>_</td> <td></td> <td>,</td> <td>-</td>		_		,	-
10:30 AM 12:30 PM 167 Numerology: Live Your Dharma (1) Tyler Mongan Yoga Numerology 12:30 PM 12:30 PM 168 The Key to Genuine Happiness Swami Govindananda Meditation 10:30 AM 13:30 PM 68 Ashtanga: First Series Overview* David Swenson Ashtanga 10:30 AM 13:30 PM 68 Ashtanga: First Series Overview* David Swenson Ashtanga 10:30 AM 13:30 PM 68 Ashtanga: First Series Overview* David Swenson Ashtanga 10:30 AM 13:30 PM 68 Ashtanga: First Series Overview* David Swenson Ashtanga 11:30 PM 16 Hands-on Assists Teachers* Amy Ippoliti Hatha'/inyasa 119 Yin Therapy Markus Yin Yoga Tripsichore Vinyasa Yinyasa 10:20 AM 5:00 PM 200 Feaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 10:20 FM 5:00 PM 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 10:20 PM 5:00 PM 18 Art & Science of Yogaflow* Yogini Kaliji TriYoga@ 12:45 PM 20 Yoga Sequencing* Amy Ippoliti Hath		202	Power of Relaxation		ATMA Mediation
12:30 PM 68 The Key to Genulne Happiness Swarni Govindnanada Meditation 10:30 AM 69 Ashtanga: First Series Overview* David Swenson Ashtanga 11:30 PM 69 Ashtanga: First Series Overview* David Swenson Ashtanga 11:30 PM 69 Ashtanga: First Series Overview* David Swenson Ashtanga 11:30 PM 69 Ashtanga: First Series Overview* David Swenson Ashtanga 11:30 PM 69 Ashtanga: First Series Overview* Bavid Swenson Ashtanga 11:30 PM 69 Ashtanga: First Series Overview* Ashtanga Yinyasa 11:30 PM 74 Movement Transition: Hip Opening* Sinne McCabe Forrest Yoga® 11:30 PM 74 Overcome Fear: Unusual Asanas & Edward Clark Tripsichore 10:30 AM 74 Overcome Fear: Unusual Asanas & Leward Clark Tripsichore 10:30 AM 702 Foundations: Tantra Yoga Samatrat Yoga Tantra Yoga 10:30 AM 702 Foundations: Tantra Yoga Samatrat Sama Yoga, Therapvuice Therapeutic 12:45 PM 701 Rise & Shine with a Healthy Spine Samatrat Moda, Therapeutic Therapeutic 12:45 PM 71 Yoga Therapy Eddy Mar	10:30 AM -	167	Numerology: Live Your Dharma (1)		Yoga Numerology
Number of the second	12:30 PM				
10:30 AM- 1:30 PM 69 Ashtanga: First Series Overview* David Swenson Ashtanga 1:30 PM 157 Movement Transition: Hip Opening* Sinhee McCabe Forrest Yoga@ 1:51 Myths of Yoga: Asana, Mantra, Mudra* Siama Sherman Nirvasa/Mythic 1:51 Myths of Yoga: Asana, Mantra, Mudra* Siama Sherman Nirvasa/Mythic 1:51 Hands-on Assists Teachers* Any Ippoliti Hatha/Vinyasa 1:13 Yin Therapy Markus Yin Yoga 1:14 Yin Therapy Markus Yin Yoga 1:0:30 AM- 5:00 PM 203 Teaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 1:0:20 FM- 2:15 PM 201 Rise & Shine with a Healthy Spine Sarmat Sarma Yoga, Therapeutic 1:2:45 PM- 2:00 PM 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 1:2:0 PM 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 1:2:0 PM 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 1:2:0 PM 16 Yoga Women's Health & Wellness* Sarmartha Chan Women's Yoga 1:20 PM 16 </td <td></td> <td>100</td> <td></td> <td></td> <td>modifution</td>		100			modifution
1:30 PM 157 Movement Transition: Bip Opening* Sinhee McCabe Forrest Yoga® 151 Myths of Yoga: Asana, Mantra, Mudra* Sianna Sherman Vinyasa/Mythic 151 Hands-on Assists Teachers* Arny Ippoliti Hatha/Vinyasa 151 Hands-on Assists Teachers* Arny Ippoliti Hatha/Vinyasa 152 Vercome Fear: Unusual Asanas & Balances* Edward Clark Tripsichore 153:00 PM 203 Teaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 152:00 PM 203 Teaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 12:45 PM 201 Rise & Shine with a Healthy Spine Samrat Darret Yoga® Therapeutic 12:00 PM 16 Yoga Sequencing* Army Ippoliti Hatha/Vinyasa 12:45 PM 201 Rise & Science of Yogaflow* Yogini Kaliji Threapeutic 12:00 PM 16 Yoga Women's Health & Wellness* Samantha Chan Women's Yoga 12:00 PM 18 Art & Science of Yogaflow* Yogini Kaliji Th'Yoga@@ 12:00 PM 18 Art & Science of Yogaflow* Samatha Chan Women's Yoga<		179	Core, Arm Balances & Inversions*	Tymi Howard	Vinyasa
157 Movement Transmont: Hip Opening." Sinthe Mocabe Forrest YogaB 151 Myths of Yoga: Asana, Mantra, Mudra" Sinana Sharma Mytasa 151 Hands-on Assists Teachers" Amy Ippoliti Hatha/Vinyasa 119 Yin Therapy Markus Henning Gless Yin Yoga 74 Overcome Fear: Unusual Asanas & Balances * Edward Clark Tripsichore Vinyasa 102.0 AM- 5:00 PM 203 Teaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 12:45 PM- 2:15 PM 201 Rise & Shine with a Healthy Spine Samat Sama Yoga, Therapeutic 12:45 PM- 2:00 PM- 16 Yoga Sequencing* Army Ippoliti Hatha/Vinyasa 12:00 PM- 12:00 PM- 16 16 Yoga Sequencing* Army Ippoliti Hatha/Vinyasa 13:00 PM- 13:00 PM- 14 18 Art & Science of Yogaflow* Yogini Kaliji Threapeutics 174 Anatomy & Physiology of Breath Tyler Mongan Breath Anatomy 12:30 PM- 13:0 Vinguasia Surfing Synchronicities Gali Eddn Mysticism, Astrology 174 Anatomy & Physiology of Breath Tyler Mongan Preath Anatomy 13:30 UPM	10:30 AM -	69	Ashtanga: First Series Overview*	David Swenson	Ashtanga
15 Hands-on Assists Teachers* Amy Ippoliti Hathat/Vinyasa 19 Yin Therapy Markus Yin Yoga 74 Overcome Fear: Unusual Asanas & Balances* Edward Clark Tripsichore Vinyasa 10:30 AM- 5:00 PM 203 Teaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 12:45 PM- 2:15 PM 201 Rise & Shine with a Healthy Spine Samar Yoga, Therapeutic Therapeutic 12:00 PM - 2:00 PM - 2:00 PM - 2:01 PM - 2:00 PM - 2:00 PM - 16 Yoga Sequencing* Amy Ippoliti Hathat/Vinyasa 12:45 PM - 2:00 PM - 2:00 PM - 2:00 PM - 16 Yoga Sequencing* Amy Ippoliti Hathat/Vinyasa 12:00 PM - 2:00 PM - 17 16 Yoga Women's Health Wellness* Samartha Chan Worner's Yoga 18 Art & Science of Yogaflow* Yogini Kaliji TriYoga® Therapeutics 19 How to Teach Handstand Miguel Sant'ana Am Balance 19 Yoga Women's Health & Wellness* Samantha Chan Worner's Yoga 14 Hypnotherapy: Love, Attraction, Rabionships Gahl Eddn Mysticism, Kabbalah, Astrology 130 Varing Synchronicities Gahl Hadn Forrest Yoga(@) Jose Calarco	1:30 PM	157	Movement Transition: Hip Opening*	Sinhee McCabe	Forrest Yoga®
119 Yin Therapy Markus Henning Giess Yin Yoga 74 Overcome Fear: Unusual Asanas & Balances* Edward Clark Tripsichore Vinyasa 10:30 AM- 5:00 PM 203 Teaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 10:2 Teaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 102 Foundations: Tantra Yoga Rose Erin Vaughan & Jared McCann Tantra Yoga 12:45 PM- 5:00 PM 201 Rise & Shine with a Healthy Spine Samrat Dasgupta Sama Yoga, Therapeutic 12:00 PM- 5:00 PM 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 14 Hyengar: Yoga Therapy Eddy Marks Iyengar/ Therapeutic 178 Art & Science of Yogaflow* Yogini Kaliji TriYoga® Therapeutics 174 Anatomy & Physiology of Breath Tyler Mongan Breath Anatomy 1:30 PM 93 Surfing Synchronicities Gahl Eddn Sasson Kabbalah, Astrology 1/4 Hypnotherapy: Love, Attraction, Relationships Aldo Privileggi Hypnotherapy 1/30 Upanishads 2: Thou Art That Bill Mahony Upanishads 5:30 PM- 7:30 PM		151	Myths of Yoga: Asana, Mantra, Mudra*		
Henning Giess Henning Giess 74 Overcome Fear: Unusual Asanas & Balances* Edward Clark Tripsichore Vinyasa 10:30 AM- 5:00 PM 102 Teaching Kids Yoga: The Core Essentials Jenny Smith Kids Yoga 112:45 PM- 2:15 PM 201 Rise & Shine with a Healthy Spine Samrat Jared McCann Tantra Yoga 12:45 PM- 2:00 PM - 2:00 PM - 13:500 PM 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 12:40 PM - 2:00 PM - 14 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 19:00 PM - 2:00 PM - 14 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 19:01 PM - 2:00 PM - 13 16 Yoga Gomen's Health & Wellness* Samrata Ams Balance 102 How to Teach Handstand Miguel Sant'ana Mrespectives Momen's Yoga 174 Anatomy & Physiology of Breath Tyler Mongan Breath Anatomy 174 Anatomy & Physiology of Breath Tyler Mongan Breath Anatomy 174 Anatomy & Physiology of Breath Tyler Mongan Breath Anatomy 174 Hothy Hanuman*		15	Hands-on Assists Teachers*	Amy Ippoliti	Hatha/Vinyasa
Image: marking startVinyasa10:30 AM 5:00 PM203Teaching Kids Yoga: The Core EssentialsJenny SmithKids Yoga10:2Foundations: Tantra YogaRose Erin Yughan & Jared McCannTantra Yoga12:45 PM 2:15 PM201Rise & Shine with a Healthy SpineSamat DasguptaSama Yoga, Therapeutic12:45 PM 2:00 PM 5:00 PM 416Yoga Sequencing*Amy IppolitiHatha/Vinyasa12:45 PM 5:00 PM 418Yoga Sequencing*Amy IppolitiHatha/Vinyasa12:45 PM 5:00 PM 4:00 PM18Yoga Sequencing*Yogini KalijiThreapeutic Therapeutic12:45 PM 5:00 PM 4:00 PM18Yoga Sequencing*Yogini KalijiThreapeutic Therapeutic12:45 PM 4:00 PM 4:30 PM 7:30 PM<		119	Yin Therapy		Yin Yoga
5:00 PM 102 Foundations: Tantra Yoga Rose Erin Vaughan & Jared McCann Tantra Yoga 12:45 PM 201 Rise & Shine with a Healthy Spine Samrat Dasgupta Therapeutic 2:00 PM - 2:15 PM 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 12:00 PM - 2:00 PM - 2:00 PM 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 12:00 PM - 2:00 PM - 2:00 PM 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 12:00 PM - 2:00 PM - 2:00 PM - 12:00 PM - 13:00 PM - 14 16 Yoga Vomen's Health & Wellness* Samantha Chan Women's Yoga 12:00 PM - 14:30 PM - 13:00 PM - 14:00		74		Edward Clark	
5:00 PM102Foundations: Tantra YogaRose Erin Vaughan & Jared McCannTantra Yoga12:45 PM 2:15 PM201Rise & Shine with a Healthy SpineSamat McCann DasguptaSama Yoga, Therapeutic12:00 PM 2:00 PM 2:00 PM 1:00 PM 1:00 PM 2:00 PM 1:00 PM 1:00 PM16Yoga Sequencing* Yoga TherapyAmy IppolitiHatha/Vinyasa Iyengar/ Therapeutic12:01 PM 1:00 PM 1:00 PM 1:00 PM 1:00 PM 1:00 PM16Yoga Sequencing* Yoga TherapyYogini KalijiThrrapeutic Therapeutic12:01 PM 1:00 PM 1:00 PM 2:00 PM 1:00 PM 2:00 PM 1:00 PM18Science of Yogaflow* Yogini KalijiYorya@ Therapeutic12:01 PM 1:00 PM 2:00 PM 1:00 PM 2:00 PM 2:00 PM 1:00 PM93Surfing Synchronicities Samantha Chan SassonBreath Anatomy Mysticism, Kabbalah, Astrology12:01 PM 1:00 PM 2:00 PM <br< td=""><td>10:30 AM -</td><td>203</td><td>Teaching Kids Yoga: The Core Essentials</td><td>Jenny Smith</td><td></td></br<>	10:30 AM -	203	Teaching Kids Yoga: The Core Essentials	Jenny Smith	
12:45 PM - 2:15 PM 201 Rise & Shine with a Healthy Spine Samrat Dasgupta Sama Yoga, Therapeutic 2:00 PM - 16 2:00 PM - 2:00 PM - 2:00 PM - 2:00 PM 16 Yoga Sequencing* Amy Ippoliti Hatha/Vinyasa 19 yengar: Yoga Therapy Eddy Marks Iyengar/ Therapeutic Interapeutic 18 Art & Science of Yogaflow* Yogini Kaliji TriYoga® Therapeutic 129 How to Teach Handstand Miguel Sant'ana Arm Balance 150 Yoga Women's Health & Wellness* Samantha Chan Women's Yoga 123 How to Teach Handstand Miguel Sant'ana Arm Balance 150 Yoga Women's Health & Wellness* Samantha Chan Women's Yoga 124 Anatomy & Physiology of Breath Tyler Mongan Breath Anatomy 123 Surfing Synchronicities Gahl Eddn Mysticism, Kabbalah, Astrology 14 Hypnotherapy: Love, Attraction, Relationships Aldo Privileggi Hypnotherapy 124 Hypnotherapy: Love, Attraction, Relationships Science of Meridian: Master Workshop Iyengar 5:30 PM - 730 PM 33 Upanishads 2: Thou Art That Bill Mahony Upanishads 125	5:00 PM	102	Foundations: Tantra Yoga	Vaughan &	Tantra Yoga
2:00 PM - 5:00 PM16Yoga Sequencing"Amy IppolitiHatha/Vinyasa5:00 PM19lyengar: Yoga TherapyEddy Markslyengar/ Therapeutic188Art & Science of Yogaflow"Yogini KalijiTh'roga@ Therapeutics129How to Teach HandstandMiguel Sant'anaArm Balance100Yoga Women's Health & Wellness"Samantha ChanWomen's Yoga174Anatomy & Physiology of BreathTyler MonganBreath Anatomy2:30 PM - 4:30 PM93Surfing SynchronicitiesGahl Eddn SassonMysticism, Kabbalah, Astrology116Holy Hanuman*Tymi HowardVinyasa5:30 PM - 7:30 PM - 7:30 PM33Upanishads 2: Thou Art ThatBill MahonyUpanishads5:30 PM - 7:30 PM - 7:30 PM - 7:30 PM - 7:30 PM -33Upanishads 2: Thou Art ThatBill MahonyUpanishads181Science of Meridian: Master Workshop Vinyasa*Rose Erin VaughanHatha/Vinyasa181Science of RelaxationYogi AshokanandaActive Meditation Ashokananda183Arm Balances, Hip Openers, Inversions*Rodney Yee & Colleen SaidmanHatha195Unity: Mind Heart OpeningJavier de SalasSelf Development, Meditation, Chanting, Energy Healing195Yoga of SoundDaphne TseNada Yoga, Sound Healing195Shoulders: Release & Activate*Michiko Minegishi196Vinyasa: Fluidity, Breath withEdward ClarkTripsichore	12:45 PM - 2:15 PM	201	Rise & Shine with a Healthy Spine	Samrat	0,
81 iyengar: yoga Therapy Eddy Marks Yegrar/ Therapeutic 188 Art & Science of Yogaflow* Yogini Kaliji TriYoga® Therapeutics 129 How to Teach Handstand Miguel Sant'ana Arm Balance 150 Yoga Women's Health & Wellness* Samantha Chan Women's Yoga 174 Anatomy & Physiology of Breath Tyler Mongan Breath Anatomy 2:30 PM- 4:30 PM 93 Surfing Synchronicities Gahl Eddn Sasson Mysticism, Kabbalah, Astrology 14 Hypnotherapy: Love, Attraction, Relationships Aldo Privileggi Hypnotherapy 176 Holy Hanuman* Tymi Howard Vinyasa 5:30 PM- 7:30 PM 33 Upanishads 2: Thou Art That Bill Mahony Upanishads 23 Stalking Your Fear* Ana Forrest & Jose Calarco Forrest Yoga® Forrest Yoga® 133 Science of Meridian: Master Workshop Vinyasa* Rode Yae & Colleen Saidman Active Meditation Ashokananda 181 Science of Relaxation Yogi Astro Colleen Saidman Hatha 105 Unity: Mind Heart Opening Javier de Salas Self Development, Meditation, Chanting, Energy Healing 132 Yoga of Sound Daphne Tse Nada Yoga, Sound Healing 145 Shoulders: Release & Activate* Michiko Minegishi	2:00 PM -	16	Yoga Sequencing*		
188 Art & Science of Yogaflow* Yogini Kaliji ThYoga® Therapeutics 129 How to Teach Handstand Miguel Sant'ana Arm Balance 150 Yoga Women's Health & Wellness* Samantha Chan Women's Yoga 174 Anatomy & Physiology of Breath Tyler Mongan Breath Anatomy 2:30 PM- 93 Surfing Synchronicities Gahl Eddn Sasson Mysticism, Astrology 14 Hypnotherapy: Love, Attraction, Relationships Aldo Privileggi Hypnotherapy Relationships 176 Holy Hanuman* Tymi Howard Vinyasa 5:30 PM- 7:30 PM 33 Upanishads 2: Thou Art That Bill Mahony Upanishads 5:30 PM- 7:30 PM 33 Upanishads 2: Thou Art That Bill Mahony Upanishads 6:31 Science of Meridian: Master Workshop Perspectives Rose Erin Vaughan Forrest Yoga® 137 Science of Relaxation Yogi Astronom Active Meditation Ashokananda 138 Science of Relaxation Yogi Active Meditation Ashokananda Hatha 139 Arm Balances, Hip Openers, Inversions* Rodney Yee & Colleen Saidman Belleulyment, Meditation, <br< td=""><td>5:00 PM</td><td>81</td><td></td><td></td><td>lyengar/</td></br<>	5:00 PM	81			lyengar/
150Yoga Women's Health & Wellness*Samantha ChanWomen's Yoga174Anatomy & Physiology of BreathTyler MonganBreath Anatomy2:30 PM - 4:30 PM - 4:30 PM - 7:30 PM - 		188	Art & Science of Yogaflow*	Yogini Kaliji	
174Anatomy & Physiology of BreathTyler MonganBreath Anatomy2:30 PM - 4:30 PM - 4:30 PM - 2:50 PM - 7:693Surfing SynchronicitiesGahl Eddn SassonMysticism, Kabbalah, Astrology14Hypnotherapy: Love, Attraction, RelationshipsAldo Privileggi PhynotherapyHypnotherapy Phynotherapy16Holy Hanuman*Tymi HowardVinyasa5:30 PM - 7:30 PM - 84Stalking Your Fear*Ana Forrest & Jose Calarco175Science of Meridian: Master Workshop Vinyasa*Rose Erin VaughanHatha/Vinyasa181Science of RelaxationYogi AshokanandaActive Meditation Ashokananda181Science of RelaxationYogi AshokanandaActive Meditation Meditation Ashokananda183Arm Balances, Hip Openers, Inversions*Rodney Yee & Colleen SaidmanHatha105Unity: Mind Heart OpeningJavier de SalasSelf Development, Meditation, Chanting, Energy Healing117Connection to CreationMasood KhanMeditation, Chanting, Energy Healing125Yoga of SoundDaphne TseNada Yoga, Sound Healing125Shoulders: Release & Activate*Michiko Minegishi126Vinyasa: Fluidity, Breath withEdward ClarkTripsichore		129	How to Teach Handstand	Miguel Sant'ana	Arm Balance
2:30 PM - 4:30 PM 93 Surfing Synchronicities Gahl Eddin Sasson Mysticism, Kabbalah, Astrology 14 Hypnotherapy: Love, Attraction, Relationships Aldo Privileggi Relationships Hypnotherapy 17 Holy Hanuman* Tymi Howard Vinyasa 5:30 PM - 7:30 PM 33 Upanishads 2: Thou Art That Bill Mahony Upanishads 5:30 PM - 7:30 PM 33 Upanishads 2: Thou Art That Bill Mahony Upanishads 7:30 PM - 7:30 PM 33 Upanishads 2: Thou Art That Bill Mahony Upanishads 84 Yogic Diet: Eastern & Western Perspectives Eddy Marks Iyengar 23 Stalking Your Fear* Ana Forrest & Jose Calarco Forrest Yoga® 137 Science of Meridian: Master Workshop Vinyasa* Rose Erin Vaughan Hatha/Vinyasa 181 Science of Relaxation Yogi Ashokananda Active Meditation Meditation 133 Arm Balances, Hip Openers, Inversions* Rodney Yee & Colleen Saidman Hatha 105 Unity: Mind Heart Opening Javier de Salas Self Development, Meditation, Chanting, Energy Healing 155 Yoga of Sou		150	Yoga Women's Health & Wellness*	Samantha Chan	Women's Yoga
4:30 PM Image Synchronization Sasson Kabbalah, Astrology 14 Hypnotherapy: Love, Attraction, Relationships Aldo Privileggi Hypnotherapy 176 Holy Hanuman* Tymi Howard Vinyasa 5:30 PM - 7:30 PM 33 Upanishads 2: Thou Art That Bill Mahony Upanishads 84 Yogic Diet: Eastern & Western Perspectives Eddy Marks Iyengar 23 Stalking Your Fear* Ana Forrest & Jose Calarco Forrest Yoga® 187 Science of Meridian: Master Workshop Vinyasa* Rose Erin Vaughan Hatha/Vinyasa 181 Science of Relaxation Yogi Ashokananda Active Meditation Ashokananda 183 Arm Balances, Hip Openers, Inversions* Rodney Yee & Colleen Saidman Hatha 105 Unity: Mind Heart Opening Javier de Salas Self Development, Meditation, Chanting, Energy Healing 117 Connection to Creation Masood Khan Meditation, Chanting, Energy Healing 125 Yoga of Sound Daphne Tse Nada Yoga, Sound Healing 125 Shoulders: Release & Activate* Michiko Minegishi Hatha 126 Vinyasa: Fluidity, Breath with Edward Clar		174	Anatomy & Physiology of Breath	Tyler Mongan	Breath Anatomy
14 Hypnotherapy: Love, Attraction, Relationships Aldo Privileggi Hypnotherapy Relationships 176 Holy Hanuman* Tymi Howard Vinyasa 5:30 PM- 7:30 PM- 7:30 PM- 7:30 PM 33 Upanishads 2: Thou Art That Bill Mahony Upanishads 84 Yogic Diet: Eastern & Western Perspectives Eddy Marks Iyengar 133 Science of Meridian: Master Workshop Vinyasa* Rose Erin Vaughan Hatha/Vinyasa 181 Science of Relaxation Yogi Astrone Saidman Active Meditation Ashokananda Hatha 133 Arm Balances, Hip Openers, Inversions* Rodney Yee & Colleen Saidman Hatha 105 Unity: Mind Heart Opening Javier de Salas Self Development Meditation, Chanting, Energy Healing 135 Yoga of Sound Daphne Tse Nada Yoga, Sound Healing 125 Shoulders: Release & Activate* Michiko Minegishi Hatha	2:30 PM - 4:30 PM	93	Surfing Synchronicities		Kabbalah,
176Holy Hanuman*Tymi HowardVinyasa5:30 PM - 7:30 PM - 8430Upanishads 2: Thou Art ThatBill MahonyUpanishads84Yogic Diet: Eastern & Western PerspectivesEddy MarksIyengar23Stalking Your Fear*Ana Forrest & Jose CalarcoForrest Yoga® Jose Calarco137Science of Meridian: Master Workshop Vinyasa*Rose Erin VaughanHatha/Vinyasa181Science of RelaxationYogi AshokanandaActive Meditation Ashokananda133Arm Balances, Hip Openers, Inversions*Rodney Yee & Colleen SaidmanHatha105Unity: Mind Heart OpeningJavier de SalasSelf Development Meditation, Chanting, Energy Healing117Connection to CreationMasood KhanMeditation, Chanting, Energy Healing125Shoulders: Release & Activate*Michiko MinegishiHatha126Vinyasa: Fluidity, Breath withEdward ClarkTripsichore		14		Aldo Privileggi	
5:30 PM - 33 Upanishads 2: Thou Art That Bill Mahony Upanishads 7:30 PM 84 Yogic Diet: Eastern & Western Eddy Marks Iyengar 23 Stalking Your Fear* Ana Forrest & Jose Calarco Forrest Yoga® 137 Science of Meridian: Master Workshop Rose Erin Hatha/Vinyasa 181 Science of Relaxation Yogi Ashokananda Active Meditation 183 Arm Balances, Hip Openers, Inversions* Rodney Yee & Colleen Saidman Hatha 105 Unity: Mind Heart Opening Javier de Salas Self Development, Meditation, Chanting, Energy Healing 117 Connection to Creation Masood Khan Meditation, Chanting, Energy Healing 125 Yoga of Sound Daphne Tse Nada Yoga, Sound Healing 125 Shoulders: Release & Activate* Michiko Minegishi Hatha 126 Vinyasa: Fluidity, Breath with Edward Clark Tripsichore		176		Tymi Howard	Vinyasa
84 Yogic Diet: Eastern & Western Perspectives Edgy Marks Iyengar 23 Stalking Your Fear* Ana Forrest & Jose Calarco Forrest Yoga® 137 Science of Meridian: Master Workshop Vinyasa* Rose Erin Vaughan Hatha/Vinyasa 181 Science of Relaxation Yogi Ashokananda Active Meditation 133 Arm Balances, Hip Openers, Inversions* Rodney Yee & Colleen Saidman Hatha 105 Unity: Mind Heart Opening Javier de Salas Self Development, Meditation 105 Unity: Mind Heart Opening Javier de Salas Self Development, Meditation 105 Vinyasa for the Creation Masood Khan Meditation, Meditation, Chanting, Energy Healing 117 Connection to Creation Daphne Tse Nada Yoga, Sound Healing 125 Shoulders: Release & Activate* Michiko Minegishi Hatha 126 Vinyasa: Fluidity, Breath with Edward Clark Tripsichore	5:30 PM -	33	Upanishads 2: Thou Art That	Bill Mahony	Upanishads
23Stalking Your Fear*Ana Forrest & Jose CalarcoForrest Yoga®137Science of Meridian: Master Workshop Vinyasa*Rose Erin VaughanHatha/Vinyasa181Science of RelaxationYogi AshokanandaActive Meditation Ashokananda133Arm Balances, Hip Openers, Inversions*Rodney Yee & Colleen SaidmanHatha105Unity: Mind Heart OpeningJavier de SalasSelf Development, Meditation, Chanting, Energy Healing105Yoga of SoundDaphne TseNada Yoga, Sound Healing125Shoulders: Release & Activate*Michiko MinegishiHatha126Vinyasa: Fluidity, Breath withEdward ClarkTripsichore	7:30 PM	84	Yogic Diet: Eastern & Western	Eddy Marks	lyengar
137Science of Meridian: Master Workshop Vinyasa*Rose Erin VaughanHatha/Vinyasa181Science of RelaxationYogi AshokanandaActive Meditation Ashokananda133Arm Balances, Hip Openers, Inversions*Rodney Yee & Colleen SaidmanHatha105Unity: Mind Heart OpeningJavier de SalasSelf Development, Meditation, Chanting, Energy Healing117Connection to CreationMasood KhanMeditation, Chanting, Energy Healing125Yoga of SoundDaphne TseNada Yoga, Sound Healing126Shoulders: Release & Activate*Michiko MinegishiHatha126Vinyasa: Fluidity, Breath withEdward ClarkTripsichore		23	Stalking Your Fear*		Forrest Yoga®
181Science of RelaxationYogi AshokanandaActive Meditation Ashokananda133Arm Balances, Hip Openers, Inversions*Rodney Yee & Colleen SaidmanHatha105Unity: Mind Heart OpeningJavier de SalasSelf Development, Meditation105Connection to CreationMasood KhanMeditation, Chanting, Energy Healing55Yoga of SoundDaphne TseNada Yoga, Sound Healing125Shoulders: Release & Activate*Michiko MinegishiHatha76Vinyasa: Fluidity, Breath withEdward ClarkTripsichore		137		Rose Erin	Hatha/Vinyasa
133Arm Balances, Hip Openers, Inversions* Colleen SaidmanHatha Colleen Saidman105Unity: Mind Heart OpeningJavier de Salas MeditationSelf Development, Meditation, Chanting, Energy Healing117Connection to CreationMasood Khan Meditation, Chanting, Energy Healing55Yoga of SoundDaphne Tse Sound Healing125Shoulders: Release & Activate*Michiko Minegishi Edward Clark76Vinyasa: Fluidity, Breath withEdward ClarkTripsichore		181	•	Yogi	Active Meditation
105Unity: Mind Heart OpeningJavier de SalasSelf Development, Meditation117Connection to CreationMasood KhanMeditation, Chanting, Energy Healing55Yoga of SoundDaphne TseNada Yoga, Sound Healing125Shoulders: Release & Activate*Michiko MinegishiHatha76Vinyasa: Fluidity, Breath withEdward ClarkTripsichore		133	Arm Balances, Hip Openers, Inversions*	Rodney Yee &	Hatha
117Connection to CreationMasood KhanMeditation, Chanting, Energy Healing55Yoga of SoundDaphne TseNada Yoga, Sound Healing125Shoulders: Release & Activate*Michiko MinegishiHatha76Vinyasa: Fluidity, Breath withEdward ClarkTripsichore		105	Unity: Mind Heart Opening		
55Yoga of SoundDaphne TseNada Yoga, Sound Healing125Shoulders: Release & Activate*Michiko MinegishiHatha76Vinyasa: Fluidity, Breath withEdward ClarkTripsichore		117	Connection to Creation	Masood Khan	Meditation, Chanting,
125 Shoulders: Release & Activate* Michiko Minegishi Hatha 76 Vinyasa: Fluidity, Breath with Edward Clark Tripsichore		55	Yoga of Sound	Daphne Tse	Nada Yoga,
		125	Shoulders: Release & Activate*	Michiko Minegishi	-
		76		÷	
					Vinyasa

		Day 2 Friday 8 June		
3:00 AM -	34	Upanishads 3: Self-Formed Joy	Bill Mahony	Upanishads
10:00 AM	165	What Happens After Death	Swami Govindananda	Vedas & Gita, Karma & Bhakti Yoga
	66	Ashtanga: Second Series Tour	David Swenson	Ashtanga
	139	Science of Meridians: Hips, Knees, Ankles*	Rose Erin Vaughan	Hatha/Vinyasa
	18	Shoulder & Neck Anatomy*	Amy Ippoliti	Hatha/Vinyasa
	192	Awakening Flow: Spine*	Michiko Minegishi	Hatha/Vinyasa
	112	Tai Chi Yoga: The Art of Slowing Down*	Kathy Zhou	Tai Chi Yoga
	46	Yoga & the Addictive Personality	Carolyn Cowan	Kundalini
	128	Advanced Handstand	Miguel Sant'ana	Arm Balance
	158	Breathe: Inversion-Back Bend	Sinhee McCabe	Forrest Yoga®
	110	Full-Spectrum Anusara Practise	Jonas Westring	Anusara
0:30 AM -	168	Numerology: Live Your Dharma (2)	Tyler Mongan	Yoga Numerology
12:30 PM	206	Face Your Career & Business	Eric Standop	Face Reading
	45	Altered States: The Kundalini	Carolyn Cowan	Kundalini
0:30 AM -	152	Healing Adjustments*	Sianna Sherman	Therapeutic, Rasa Yoga
:30 PM	68	Tools, Talents, Techniques for Teachers*	David Swenson	Ashtanga
	149	The Art of Teaching Prenatal Yoga*	Samantha Chan	Pre-natal Yoga
	98	Backbending: Entire Spine*	Jared McCann	Vinyasa/Hatha
	75	Assists & Adjustments: Vinyasa Yoga	Edward Clark	Tripsichore Vinyasa
	80	Iyengar: Profound Absorption	Eddy Marks	lyengar
10:30 AM - 5:00 PM	143	How to Sequence Therapeutics to a Workshop	Ross Rayburn	Hatha/Vinyasa, Therapeutics
	135	Yoga One Day Retreat*	Rodney Yee & Colleen Saidman	Hatha/Meditation/ Restorative
1:00 PM - 1:45 PM	89	Oceans of Connection Community Meditation	Eoin Finn	Meditation
2:00 PM - 5:00 PM	184	Therapeutics: Realign-Relax-Rejuvenate*	Yogini Kaliji	Therapeutics
	148	Flexibility: Fundamentals & Advancement*	Samrat Dasgupta	Sama Yoga
	171	Anatomy: 3 Evils of the Mind (Past, Present, Future)	Tyler Mongan	Anatomy Physiology and Asana
	120	Skeletal Variation: Alignment	Markus Giess	Hatha/Yoga Anatomy, Therapeutic
	156	Movement Transition: Neck, Shoulders, Spine*	Sinhee McCabe	Forrest Yoga®
	53	AcroYoga for Everybody	Daniel Scott	Partner Yoga
2:30 PM - 4:30 PM	85	Anatomy & Physiology: Asana & Pranayama	Eddy Marks	lyengar
	97	Exploring Your Past Lifetimes	Gahl Eden Sasson	Mysticism, Kabbalah, Astrology
	88	Open Heart, Open Hips	Eoin Finn	Vinyasa
5:30 PM - 7:30 PM	90	A Face Speaks	Eric Standop	Face Reaying
.JU FIVI	12	Hypo-Meditation: Blocks & Limiting Beliefs	Aldo Privileggi	Hypnotherapy, Meditation
	21	Free Your Spine*	Ana Forrest & Jose Calarco	Forrest Yoga®
	49	Ying Yang Flow*	Chris Su	Yin & Yang
	182	ATMA Meditation & Pranayama: Emotions & Energy Blocks	Yogi Ashokananda	ATMA Meditation
	17	Hip Opening Flow*	Amy Ippoliti	Vinyasa Flow
	104	Spiritual Practise: Cultivate Self-Love	Javier de Salas	Self-Development/ Spirital Growth
	178	Myofascial Release: Vinyasa & Yin*	Tymi Howard	Vinyasa/Yin
	130	Grace & Fortitude: Eka Pada Sirsasana*	Patrick Creelman	Hatha
	205	Yoga Anatomy 101	Bryan Lau	Hatha/Anatomy

12:45 PM -2:15 PM

8:00 AM -

10:00 AM

10:30 AM -

12:30 PM

2:30 PM -4:30 PM

5:30 PM -7:30 PM

	Day 3 Saturday 9 Jun	e	
93	Bhakti Sutra 1: What is Bhakti?	Bill Mahony	Bhakti Sutra, Yoga Philosophy
61	Anger Managerment	Swami Govindananda	Vedas & Gita, Karma & Bhakti Yoga
71	Breath, Bandhas, Pranayama*	David Swenson	Ashtanga
41	Science of Meridians: Alchemy & Self Realization*	Rose Erin Vaughan	Hatha/Vinyasa
53	Backbends, Pranayama, Chanting*	Sianna Sherman & Masood Khan	Vinyasa/Rasa Yoga
77	Ujjayi Breathing for Inversions*	Edward Clark	Tripsichore Vinyasa
54	Slow & Steady: Vinyasa*	Daniel Scott	Slow Vinyasa
83	Alignment: Himalayan Hatha Yoga	Yogi Ashokananda	Himalayan Hatha Yoga
03	Power of Meditation	Javier de Salas	Meditation
36	Sustainable Backbends	Eoin Finn	Vinyasa
13	Tai Chi Yoga: Wisdom of Inner Balance*	Kathy Zhou	Tai Chi Yoga
11	Hypnotherapy: Weight Loss, Body Sculpting	Aldo Privileggi	Hypnotherapy, Meditation
36	Bhakti Sutra 2: Yoga & Spiritual Love	Bill Mahony	Bhakti Sutra
19	The Psoas Unleashed*	Amy Ippoliti	Hatha/Vinyasa
22	Luminous Core*	Ana Forrest & Jose Calarco	Forrest Yoga®
47	Arm Balances & Inversions*	Samrat Dasgupta	Arm Balance & Inversions
65	Flying, Floating & Handstanding	David Swenson	Ashtanga
14	Kriyoga: Triangle Series*	Lin Min	Kriyoga, Pranayama
21	Yin Yoga Rebound	Markus Giess	Yin Yoga
72	Tantra Yoga Sadhana*	Dileep Puliyolly	Tantra/Kundalini Yoga
45	How to Avoid Knee Pain	Ross Rayburn	Hatha/Therapeutics
73	Intro: Neuroanatomy & Neurophysiology	Tyler Mongan	Yoga Anatomy & Physiology
94	Astrology 2018: Year of the Dog	Gahl Eden Sasson	Astrology
32	Yoga Remedies: Natural Healing Yoga	Rodney Yee & Colleen Saidman	Hatha, Therapeutic
98	Gong Bath	Martha Collard	Pre-natal Yoga
62	Getting The Life You Want, Step by Step	David J Bookbinder	Life Coaching
99	How to Run a Successful Studio*	Sylvia Chiang	
95	Archetypal Astrology: Why Your Sign	Gahl Eden Sasson	Mysticism, Kabbalah, Astrology
69	Meet Your Future Self Meditation	Tyler Mongan	Yoga Numerology
60	Forrest Yoga: Hands on Assist Hips	Sinhee McCabe	Forrest Yoga®
51	Five Pillars of Ashtanga	Clayton Horton	Ashtanga
80	Anatomy & Therapeutics*	Jonas Westring	Therapeutic
85	Hip Opening: 6 Directions*	Yogini Kaliji	TriYoga®
94	Yogalates	Anjan Kundu	Yogalates
37	Sthira & Sukha: Art of Core Integration	Eoin Finn	Vinyasa
17	Overcoming Stress & Anxiety	Carolyn Cowan	Kundalini
26	Yoga Bou®: Therapeutic Exercise*	Michiko Minegishi	Hatha/Therapeutic
59	Kinaesthetic Techniques: Vinyāsa Practise*	Dario Calvaruso	Navakaraņa
-			
92	Face Reveal: Health & Nutrition	Eric Standop	Face Reading
	Face Reveal: Health & Nutrition Cultivating Creativity	Eric Standop David J Bookbinder	Face Reading Self Development/ Life Coaching
92 63 33		David J	Self Development/
63 33	Cultivating Creativity Standing Poses: Generate & Channel	David J Bookbinder	Self Development/ Life Coaching
53 33 38	Cultivating Creativity Standing Poses: Generate & Channel Energy	David J Bookbinder Eddy Marks	Self Development/ Life Coaching Iyengar Forrest Yoga®,
53 33 38 99	Cultivating Creativity Standing Poses: Generate & Channel Energy Releasing Neck Tension*	David J Bookbinder Eddy Marks Brian Campbell	Self Development/ Life Coaching lyengar Forrest Yoga®, Bodywork
53 33 38 99 77	Cultivating Creativity Standing Poses: Generate & Channel Energy Releasing Neck Tension* Hips + Forward Folds *	David J Bookbinder Eddy Marks Brian Campbell Jared McCann	Self Development/ Life Coaching lyengar Forrest Yoga®, Bodywork Vinyasa/Hatha
53 333 38 99 77	Cultivating Creativity Standing Poses: Generate & Channel Energy Releasing Neck Tension* Hips + Forward Folds * Dance of Vinyasa & Yin	David J Bookbinder Eddy Marks Brian Campbell Jared McCann Tymi Howard	Self Development/ Life Coaching lyengar Forrest Yoga®, Bodywork Vinyasa/Hatha Vinaysa/Yin
53 333 38 99 77 58 48	Cultivating Creativity Standing Poses: Generate & Channel Energy Releasing Neck Tension* Hips + Forward Folds * Dance of Vinyasa & Yin Self-Care & Healing: Sound Meditation	David J Bookbinder Eddy Marks Brian Campbell Jared McCann Tymi Howard Daphne Tse	Self Development/ Life Coaching lyengar Forrest Yoga®, Bodywork Vinyasa/Hatha Vinaysa/Yin Nada Yoga
63	Cultivating Creativity Standing Poses: Generate & Channel Energy Releasing Neck Tension* Hips + Forward Folds * Dance of Vinyasa & Yin Self-Care & Healing: Sound Meditation Yin Yoga & Mindfulness Meditation	David J Bookbinder Eddy Marks Brian Campbell Jared McCann Tymi Howard Daphne Tse Chris Su Masood Khan	Self Development/ Life Coaching Iyengar Forrest Yoga®, Bodywork Vinyasa/Hatha Vinaysa/Yin Nada Yoga Mindfulness Yin Yoga Meditation, Chanting,

1230 Math 1230 Formational interview 1230 Formational interview 28 Gravity Suring* Ana Forrest & Jose Calarco Forrest Yoga® 78 Ujigyi & The Legs* David Swenson Ashtanga 78 Ujigyi & The Legs* Edward Clark Tripsichore 78 Ujigyi & The Legs* Edward Clark Tripsichore 78 Vigyi & The Legs* Edward Clark Tripsichore 79 Pacae is Who You Are Javier de Salas Meditation' 20 Racdiant Detox Glow* Amgela Lohse Vinyasa/Fatha 20 Pacae is Who You Are Javier de Salas Meditation' 20 Voice Activation Daphen Tze Nada Yoga 20 Voice Activation Daphen Tze Nada Yoga 212:30 PM 162 Seven Step to Successtul Living Swami Veclas & Gla, Kama 22:30 PM 162 Ivengar: Grow Your Lotus! Eddy Marks Iyengar 22:30 PM 163 Tweit, Tweists, and Untwist* Rodney Yee & Hatha' 23:0 Tweit, Tweis	8:00 AM - 10:00 AM	189	Āyurveda: How to Create a Personalised Lifestyle	Dario Calvaruso	Āyurveda and Yoga Darśana
70 Ashtanga: Half Primary & Intermediate Series David Swenson Ashtanga 78 Ujayl & The Legs* Edward Clark Tripsichore Uriyasa 78 Ujayl & The Legs* Edward Clark Tripsichore Uriyasa 78 Vacadari Detox Glow* Amy Ippoliti Hatha/Viryasa 78 Vacadari Detox Glow* Amy Ippoliti Hatha/Viryasa 78 Vacadari Detox Glow* Amy Ippoliti Hatha/Viryasa 78 Orac Abs & Pranayama Carolyn Cowan Kundalini 70 Voice Adviation Daphne Tse Nada Yoga 710 Voice Adviation Daphne Tse Nada Yoga 72:30 PM 162 Vengar Grow Your Lotusl David J Life Coaching 72:30 FW 163 Trechniques: Healing Wrists & Brian Campbell Forrest Yoga@ 715 Kriyoga: Vinyasa* Lin Min Kriyoga Mathanga 715 Kriyoga: Vinyasa* Lin Min Kriyoga Mathanga 715 Kriyoga: Vinyasa* Lin Min Kriyoga Mathanga		26			•
18 Ujayi & The Lege* Edward Clark Tripsichore Wiryasa 108 Paace is Who You Are Javier de Salas Meditation/ Self-Realisation 109 Pana Kriya Yoga Heart Energy Yogi Ashokananda Pana Kriya Yoga 100 Pana Kriya Yoga Heart Energy Yogi Ashokananda Pana Kriya Yoga 100 Hips + Inversions Jarder McCarn Winyasa Flow 101 Joise Activation Daphne Tize Nada Yoga 10230 AM (230 PM) 162 Swenn Steps to Successful Living Covindananda Weids & Clark, Kropa 10330 AM (230 PM) 162 The Art of Balance David J Edb/Warks Life Coaching Bookbinder 103 Twist, Twists, and Untwist* Rodney Yee & Edbows* Perias Carlyn Cowan Kundalini 115 Kriyoga: Vinyasa* Lin Min Kriyoga Kundalini 115 Kriyoga: Vinyasa* Lin Min Kundalini 115 Kundalini: Hormonee Carlyn Cowan Kundalini 115 Kundalini: Hormonee Saron Garbyn Hatha' 116 How to Saguen Lifestyle		70			Ashtanga
20 Radiant Detox Glow* Amy lopoliti Hathar/Vinyasa 106 Peace is Who You Are Javier de Salas Meditation' Self-Realisation 107 Prana Kriya Yoga: Heart Energy Yogi Astokananda Prana Kriya Yoga: Astokananda Prana Kriya Yoga 108 Oros Abs & Pranayama CarcyIn Cowan Kundalini 109 Hips + Inversions Jared McCann Vinyasa/Hatha 102 Hips + Inversions Jared McCann Winyasa/Hatha 103 Hips + Inversions Darlot Vinyasa/Hatha 103 Hips + Inversions Darlot Vinyasa/Hatha 103 Vicio Activation Darlot Urosa Krist 103 Hips + Inversions Darlot Lift Coaching 104 Vicio Activation David Julit Coaching Bookinder 105 So You Think You Can Balance David Swenson Ashtanga 105 Techniques: Healing Wrists & Elbows* Fina Campbell Forrest Yoga@ 105 Kinyaga: Kinyasa* Lin Min Kriyoga 106 Kunasthici: Techniques: Complex Moscenerits* Darlot Calvaros Navakarana 105 Dare Handstand Sianna Sherman Activation 106 Alinast Voga Lifestyle Yogin Kallj		78		Edward Clark	
106 Peace is Who You Are Javiar de Salas Meditation 2 Movement Artist Angela Loise Winyas Flow 180 Prana Kriya Yoga: Heart Energy Yogi Archokananda Ringas Flow 100 Hips + Inversions Jared McCann Winyasa Flow 101 Hips + Inversions Jared McCann Winyasa Flow 1020 Voice Activation Daphne Tae Nada Yoga 10230 AM 162 Seven Steps to Successful Living Sovindiananda E Bradd Yoga 12:30 FM 162 Ivena Kritya Yoga Sumin Vedas & Cita, Karma 12:30 FM 162 Ivenas row You Lotus! Eddy Marks Yegar 12:41 Twist, Twists, and Untwist* Rodney Yee & Coleen Saidman Hatha 13:5 Kriyoga: Vinyasa* Lin Min Kriyoga 14:5 Kriyoga: Vinyasa* Lin Min Kriyoga 15:5 Kriyoga: Linyasa* Dario Calvaruso Navakarana 16:1 Krindsain: Hormones Carolyn Cowan Navakarana 17:2 Kids		20	Padiant Datax Claw*	Amulanaliti	•
25 Movement Artist Angela Lohes Unyrass Flow 180 Prana Kriya Yoga Aspokananda Prana Kriya Yoga 101 Hips - Inversions Jard McCann Vinyass/Hatha 10230 AW1 162 Seven Steps to Successful Living Swand Vedas & Cita, Kriya Yoga 12:30 PM1 162 Seven Steps to Successful Living Swand Vedas & Cita, Kriya 12:30 PM1 162 Seven Steps to Successful Living Swand Vedas & Cita, Kriya 12:30 PM1 162 Ivengar: Grow Your Lotus! Eddy Marks Ifee Coaching 12:30 PM1 50 You Tink You Can Balance Bavio Standama Kindalini: Hormones Colleen Saidman 115 Kriyoga: Vinyasa* Lin Min Kindalini: Hormones Carolyn Cowan Kundalini: Wovements* 12:4 Hou to Sequence: Open Psoas Ross Raybur Hatha/ Therapeutics 12:5 PM1 168 Ahimsa Vegan Lifestyle Yogin Kalij Yega Saidman 12:4 Phor D Sequence: Open Psoas Sona Vinika Saidman Sinna Sherman 12:2 PM1 168 Ahimsa Vegan					Meditation/
180 Prana Kriya Yoga: Heart Energy Yogi Ashokananda Prana Kriya Yoga: Ashokananda Rundalini 100 Hips + Inversions Jared McCann Vinyasa/Hatha 100 Wole Activation Daphre Tse Nada Yoga 102.03 DMI 162 Seven Steps to Successful Living Swind Sking Vine Activation 12.30 PMI 162 Seven Steps to Successful Living Bookinder Life Coaching 12.30 PMI 162 Seven Steps to Successful Living Bookinder Life Coaching 12.30 PMI 163 The Art of Balance David J Life Coaching 12.31 PMI Techniques: Healing Wrists & Elbows* Bran Campbell Formest Yoga®, Bookinder 131 Twist, rwists, and Untwist* Coleen Saidman Kiryoga 132 Techniques: Healing Wrists & Elbows* Brain Campbell Forrest Yoga®, Bookinder 133 Twist, rwists, and Untwist* Coleen Saidman Kiryoga 134 Kiryoga: Vinyasa* Lin Min Kiryoga 135 Rarehatshad Sinhee McCabe Forrest Yoga® 136 Antensa Vogan Lifestyle Yogini Kaliji Therapeutics 127.45 PM1 16 Alman Vogan Tifestyle Yogini Kaliji 128.47 PM1 170 <td< td=""><td></td><td>25</td><td>Movement Artist</td><td></td><td></td></td<>		25	Movement Artist		
43 Core Abs & Pranayama Carolyn Cowan Kundalini 100 Hjos - Inversions Jared McCann Vinyasa/Hatha 10230 AM 102 Seven Steps to Successful Living Swarmi Kada Yoga 12:30 AM 102 Seven Steps to Successful Living Swarmi Kada Yoga 12:30 AM 102 Seven Steps to Successful Living Swarmi Kada Yoga 12:30 AM 102 Inte Art of Balance David J Life Coaching 12:40 Final Amaga The Art of Balance David Warks Ipengar 12:40 Final Yoga Forest Yoga®, Songar Brin Campbell Forrest Yoga®, Songar 13:4 Twist, Twists, and Untwist* Rodney Yee & Kadalini Forest Yoga® 14:5 Kinyaga: Vinyasa* Lin Min Kriyoga Forest Yoga® 15:6 Kundalini: Hormones Carolyn Cowan Kundalini Forest Yoga® 16:0 Kundalini: Hormones Carolyn Cowan Kundalini Hatha' 17:1 Kinda Satuh Yoga Forest Yoga® Forest Yoga® 17:2 Kinda Farini Yoga Sone Kandalini Hatha' <				Yogi	-
100 Hips + Inversions Jard McCann Vingsat/Hatha 204 Volce Activation Daphne Tse Nada Yoga 10:30 MJ 162 Seven Steps to Successful Living Swami Veda & Gita, Karma 2:30 PM 64 The Art of Balance David J Life Coaching 8:2 lyengar: Grow Your Lotus! Eddy Marks lyengar 8:3 Techniques: Healing Wrists & Brian Campbell Forrest Yoga®, 9:3 Techniques: Healing Wrists & Brian Campbell Forrest Yoga®, 10:5 Kirjoga: Vinyasa* Lin Min Kriyoga 11:5 Kriyoga: Vinyasa* Dario Calvaruso Navakarana 11:5 Kirjoga: Vinyasa* Dario Calvaruso Navakarana 12:45 PM 168 Aimas Vegan Lifestyle Yogini Kaliji Therapeutics 12:45 PM 168 Aimas Vegan Lifestyle Yogini Kaliji Therapy Jonas Westring 12:00 How to Sequence: Open Psocas Ross Rayburn Hatha/ Therapeutics 12:15 PM 168 Aimas Vegan Lifestyle Yogini Kaliji Therapeutics 12:16 Chear C		43	Core Abs & Pranavama		Kundalini
204 Voice Activation Daphne Tse Nada Yoga 10:30 AM 10:30 AM 12:30 PM 12:30 PM 12:30 PM 12:30 PM 12:30 PM 12:30 PM 12:30 PM 12:30 PM 12:30 PM 14 The Art of Balance David J Eckly Marks Life Coaching Bookkinder 12:4 The Art of Balance David J Eckly Marks Life Coaching Bookkinder 13: Trehniques: Healing Wrists & Eckly Marks Brain Campbell Formest Yoga®, Bookywork 14: Twist, Twists, and Untwist* Rodney Yee & Colleen Saidman Hatha Colleen Saidman 15: Treiniques: Healing Wrists & Elbows* Dario Calvaruso Navakaraga 15: Twist, Twisty and Untwist* Rodney Yee & Colleen Saidman Hatha Colleen Saidman 16: Mivest, Vergans* Dario Calvaruso Navakaraga 16: Mivestegan Lifestyle Yogini Kaliji Therapeutics 17:0 Kids Family Yoga Herma Mipuri Therapeutics 12:45 PM 19:0 How to Brand Youga Teacher* Sylvia Chiang Yoga Mind and Meditation 12:20 PM 19:0 How to Brand Youga Teacher* Sylvia Chiang Yoga Mind and Meditation 12:30 PM 19:0 How to Brand Youga Teacher* <t< td=""><td></td><td></td><td>•</td><td>-</td><td></td></t<>			•	-	
10:30 AM - 12:30 PM 162 Seven Steps to Successful Living Swami Govindananda Vedas & Gita, Karma & Ehaldt Yoga 12:30 PM 164 The Art of Balance David J Bookbinder Life Coaching 12:30 PM 162 Jyengar: Grow Your Lotus! Eddy Marks Life Coaching 12:30 PM 162 Jyengar: Grow Your Lotus! Eddy Marks Life Coaching 12:30 PM 17 Twist, Twists, and Untwist* Brian Campbell Forrest Yoga®, Body Warks 134 Twist, Twists, and Untwist* Rodney Yee & Coleen Saidman Hatha 135 Kinoga: Vinyasa* Lin Min Kriyoga 145 Kinoga: Vinyasa* Lin Min Kriyoga 146 How to Sequence: Complex Moscle Dario Calvaruso Navakarana 12:45 PM - 197 168 Animsa Vegan Lifestyle Yogin Kaliji Therapeutics 12:45 PM - 197 168 Animsa Vegan Lifestyle Yogin Kaliji Therapeutics 12:45 PM - 197 168 Animsa Vegan Lifestyle Yogin Kaliji Thi Yogin Anima 12:45 PM - 197 168 Anima Vegan Lifestyle Yogin Kaliji <td< td=""><td></td><td></td><td>•</td><td></td><td>•</td></td<>			•		•
Bookbinder Bookbinder 82 lyengar. Grow Your Lotus! Eddy Marks lyengar. 67 So You Think You Can Balance David Swenson Ashtanga 67 So You Think You Can Balance David Swenson Ashtanga 134 Twist, Twists, and Untwist* Rodney Yee & Colleen Saidman. Hatha 135 Kriyoga: Vinyasa* Lin Min Kriyoga 42 Kundalini: Hormones Carolyn Cowan Kundalini 139 Dare Handstand Sinhe McCabe Forrest Yoga® 146 How to Sequence: Copel Psoas Ross Rayburn Hatha/ 12:45 PM 186 Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 12:45 PM 197 Kids Family Yoga Hem Mipuri Hatha/ 131 Urban Priestess: Women's Sacred Sianna Sherman Solyvia Chiang 12:45 PM 197 Kids Family Yoga Hem Alipuri Hatha/ 132 Urban Priestess: Women's Sacred Sianna Sherman Kabalah 12:45 PM 198 Kabalah <t< td=""><td>10:30 AM - 12:30 PM</td><td></td><td></td><td>Swami</td><td>Vedas & Gita, Karma</td></t<>	10:30 AM - 12:30 PM			Swami	Vedas & Gita, Karma
67 So You Think You Can Balance David Swenson Ashtanga 39 Techniques: Healing Wrists & Elbows* Brian Campbell Forrest Yoga®, Bodywork* 134 Twist, Twists, and Untwist* Rodney Yee & Colleen Saidman Hatha 115 Kriyoga: Vinyasa* Lin Min Kriyoga 124 Kundalini: Hormones Carolyn Cowan Kundalini 139 Dare Handstand Sinhee McCabe Forrest Yoga® 140 How to Sequence: Open Poaas Movements* Ross Raybum Hatha/ Therapeutics 12:45 PM 186 Aimsa Vegan Lifestyle Yogini Kaliji Triarpaputics 12:45 PM 180 Aimsa Vegan Lifestyle Yogini Kaliji Triarpaputics 12:45 PM 180 Aimsa Vegan Lifestyle Yogini Kaliji Triarpaputics 109 Thai Yoga Therapy Jonas Westring Jonas Westring 200 PM - 100 Create Your Future: Brain & Heart Tyler Mongan Yoga Mind and Meditation 120 Create Your Future: Brain & Heart Jose Calarco Forrest Yoga® 120 Trate the Pain* Ana Forrest & Jose Calarco Forrest Yoga® <t< td=""><td></td><td>64</td><td>The Art of Balance</td><td></td><td>· · · · ·</td></t<>		64	The Art of Balance		· · · · ·
67 So You Think You Can Balance David Swenson Ashtanga 13 Tochniques: Healing Wrists & Elbows* Brian Campbell Forrest Yoga®, Bodywork 14 Twist, Twists, and Untwist* Rodney Yee & Colleen Saidman Hatha 155 Kriyoga: Vinyasa* Lin Min Kriyoga 160 Kinacasthetic Techniques: Complex Movements* Darie Handstand Sinhee McCabe Forrest Yoga® 179 Dare Handstand Sinhee McCabe Forrest Yoga® Navakarana 170 Kids Family Yoga Hema Mipuri Hatha/ Therapeutics 171 How to Sequence: Open Psoas Movements* Ross Rayburn Hatha/ Therapeutics 172 Kids Family Yoga Hema Mipuri Hatha/ Therapeutics 173 How to Sequence: Open Psoas Movements* Sianna Sherman & Ashley Turner 174 Urban Prisetses: Women's Sacred Sianna Sherman Successful Yoga Teacher* Sylvia Chiang 170 Creat Your Future: Brain & Heat Science Tyler Monga Meditation 173 Kabbalah: Blueprint to Create Your Own Miracles Gahl Eden Mysticism, Kabbalah Astrology 174 Treet Your Future: Brain & Heat Science Acupressure Astrology Therapeutics 175 Hips, Mantra, Meditation* Sasason Astrology Acupressure Astrology </td <td></td> <td>82</td> <td>lyengar: Grow Your Lotus!</td> <td>Eddy Marks</td> <td>lyengar</td>		82	lyengar: Grow Your Lotus!	Eddy Marks	lyengar
Elbows* Bodywork 13 Twist, Twists, and Untwist* Rodney Yee & Colleen Saidman Hatha 115 Kriyoga: Vinyasa* Lin Min Kriyoga 124 Kundalini: Hormones Carolyn Cowan Kundalini 135 Dare Handstand Sinhee McCabe Forest Yoga@ 136 Kinaestheit Techniques: Complex, Movements* Dario Calvaruso Navakarana 137 Kinaestheit Techniques: Complex, Muscle Orgini Kaliji Therapeutics 12:45 PM A Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 12:45 PM A Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 12:45 PM Thai Yoga Therapy Jonas Westring Jonas Westring 12:00 Their Your Future: Brain & Heart Tyler Mongan Meditation 13:01 PM Greater Your Future: Brain & Heart Tyler Mongan Meditation 13:02 PM Tare the Pain* Ana Forrest & Sasson Astrology 14:30 Free the Spine: Flow* Gahi Eden Mysticsm, Kabbalah: 13:01 Free the Spine: Flow* Yogini Kaliji TriYoga@ 14:10 Anat		67		David Swenson	
Image: Provide the second se		39		Brian Campbell	
42 Kundalini: Hormones Carolyn Cowan Kundalini 159 Dare Handstand Sinhee McCabe Forrest Yoga® 60 Kinaesthetic Techniques: Complex Movements* Dario Calvaruso Navakarana 12:45 PM- 12:45 PM- 197 186 Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 12:45 PM- 197 186 Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 12:45 PM- 197 186 Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 197 Kids Family Yoga Herma Mipuri Therapeutics Sianna Sherman & Ashley Turner Siana Sherman 190 Thai Yoga Therapy Jonas Westring Voga Mind and Meditation Meditation 200 How to Brand Yoursellf as a Successful Yoga Teacher* Sylvia Chiang Yoga Mind and Meditation 213 PM 170 Create Your Future: Brain & Heart 3:30 PM The Science of Acupressure* Rose Erin Ana Forrest & Jose Calarco Acupressure Teachnique/ Meditation 123 The Science of Acupressure* Yogini Kaliji TriYoga® Tri Yoga® 134 Anatorny Essentials: Remove Bad Karma Bran Campbell Forrest Yoga®, Brodywork Bran Camp		134	Twist, Twists, and Untwist*		Hatha
19 Dare Handstand Sinhee McCabe Forretart Oga@ 10 Kinaesthetic Techniques: Complex Movements* Dario Calvaruso Navakarana 146 How to Sequence: Open Psoas Ross Raybum Hatha/ Therapeutics 12:45 PM 21:5 PM 186 Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 12:45 PM 21:5 PM 186 Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 12:45 PM 21:5 PM 186 Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 12:45 PM 21:5 PM 186 Ahimsa Vegan Therapy Jonas Westring Therapeutics 109 Thai Yoga Therapy Jonas Westring Movements* Moditation 200 How to Brand Yourselff as a Successful Yoga Theacher* Sylvia Chiang Yoga Mind and Meditation 21:3 Chake The Pain* Create Your Future: Brain & Heart Tyler Mongan Yoga Mind and Meditation 22:4 Tame the Pain* Ana Forrest & Jose Calarco Forrest Yoga@ 22:4 Tame the Pain* Ana Forrest & Jose Calarco Forrest Yoga@ 23:5 Hips, Mantra, Meditation*		115	Kriyoga: Vinyasa*	Lin Min	Kriyoga
60 Kinaesthetic Techniques: Complex Movements* Dario Calvaruso Ross Rayburn Navakarana Markarana 12:45 PM 2:15 PM 186 Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 12:45 PM 2:15 PM 186 Ahimsa Vegan Lifestyle Yogini Kaliji Therapeutics 197 Kids Family Yoga Hema Mipuri Therapeutics Sianna Sherman 198 Ahimsa Vegan Therapy Jonas Westring Jonas Westring 200 How to Brand Yoursellf as a Successful Yoga Teacher* Sylvia Chiang Meditation 2:30 PM - 130 170 Create Your Future: Brain & Heart Science Tyler Mongan Yoga Mind and Meditation 2:30 PM - 130 142 Tame the Pain* Ana Forrest & Jose Calroc Forrest Yoga@ 2:41 Tame the Pain* Ana Forrest & Jose Calroc Forrest Yoga@ Technique/ Meditation 142 The Science of Acupressure* Rose Erin Vaughan Acupressure Technique/ Meditation Acupressure Technique/ Meditation 155 Hips, Mantra, Meditation* Sianna Sherman & Mascood Khan Hatha Yoga/Anatom Therapetics 122 Yin Yoga: Purpose		42	Kundalini: Hormones	Carolyn Cowan	Kundalini
Movements* Movements* 12:45 PM 166 Ahimsa Vegan Lifestyle Yogini Kaliji 12:45 PM 186 Ahimsa Vegan Lifestyle Yogini Kaliji 197 Kids Family Yoga Hema Mipuri 191 Kids Family Yoga Hema Mipuri 191 Urban Priestess: Women's Sacred Sianna Sherman & Ashley Turmer 109 Thei Yoga Therapy Jonas Westring 200 How to Brand Yourselif as a Successful Yoga Teacher* Sylvia Chiang 2:30 PM 170 Create Your Future: Brain & Heart Successful Yoga Teacher* Tyler Mongan Yoga Mind and Meditation 2:30 PM 170 Create Your Future: Brain & Heart Successful Yoga Ceacher* Tyler Mongan Yoga Mind and Meditation 2:30 PM 170 Create Your Future: Brain & Heart Successful Yoga Ceacher* Tyler Mongan Yoga Mind and Meditation 1:30 PM 170 Create Your Future: Brain & Heart Successful Yoga Ceacher* Tyler Mongan Yoga Mind and Meditation 1:31 Proceine of Acupressure* Yoga Successful Yoga Ceacher* Yoga Successful Yoga Ceacher* Yoga Mactanon Therapetics 1:42 The Science of Acupress		159	Dare Handstand	Sinhee McCabe	Forrest Yoga®
Muscle Therapeutics 12:45 PM. 186 Ahimsa Vegan Lifestyle Yogini Kaliji 12:15 PM. 197 Kids Family Yoga Hema Mipuri 197 Kids Family Yoga Hema Mipuri 198 Jurban Priestess: Women's Sacred & Sahley Turner 109 Thai Yoga Therapy Jonas Westring 109 Thai Yoga Therapy Jonas Westring 200 How to Brand Yoursellf as a Successful Yoga Teacher* Sylvia Chiang 2:30 PM. 170 Create Your Future: Brain & Heart Science Tyler Mongan Yoga Mind and Meditation 3:30 PM. 170 Create Your Future: Brain & Heart Science Tyler Mongan Yoga Mind and Meditation 3:30 PM. 170 Create Your Future: Brain & Heart Sasson Astrology 142 Tarne the Pain* Ana Forrest & Greate Sasson Astrology 142 The Science of Acupressure* Rose Erin Acupressure Technique/ 142 The Science Flow* Yogini Kaliji TriYoga@ 155 Hips, Mantra, Meditation* Sianna Sherman & Matha/Rasa Yoga		60		Dario Calvaruso	Navakaraṇa
2:15 PM 107 Kids Family Yoga Hema Mipuri 197 Kids Family Yoga Hema Mipuri 109 Thai Yoga Therapy Jonas Westring 109 Thai Yoga Therapy Jonas Westring 200 How to Brand Yoursellf as a Successful Yoga Teacher* Sylvia Chiang 2:30 PM - 1:30 PM - 1:30 PM 170 Create Your Future: Brain & Heart Science Tyler Mongan Yoga Mind and Meditation 96 Kabbalah: Blueprint to Create Your Own Miracles Gahl Eden Sasson Mysticism, Kabbalah Astrology 142 Tame the Pain* Ana Forrest & Jose Calarco Forrest Yoga® 142 The Science of Acupressure* Rose Erin Vaughan Acupressure Technique/ 155 Hips, Mantra, Meditation* Sianna Sherman & Masood Khan Hatha/Rasa Yoga 155 Hips, Mantra, Meditation* Sianna Sherman & Masood Khan Hatha/Yaga/Anatom Therapetics 160 Hands-on Assist Tryphena Chia Forrest Yoga@, Bodywork 153 Hypno-Meditation: Sleep Disorders & Aldo Privileggi Hypnotherapy 153 Hypno-Meditation: Sleep Disorders & Aldo Privileggi Hypnotherapy 153 Hypno-Meditation: Sleep Disorders & Aldo Pr		146		Ross Rayburn	
197 Kids Family Yoga Hema Mipun 31 Urban Priestess: Women's Sacred Circle* Sianna Sherman & Ashley Turner 109 Thai Yoga Therapy Jonas Westring 200 How to Brand Yoursellf as a Successful Yoga Teacher* Sylvia Chiang 2:30 PM - 1:30 PM 170 Create Your Future: Brain & Heart Science Tyler Mongan Yoga Mind and Meditation 96 Kabbalah: Blueprint to Create Your Own Miracles Gahl Eden Sasson Mysticism, Kabbalah Astrology 24 Tame the Pain* Ana Forrest & Jose Calarco Forrest Yoga® 142 The Science of Acupressure* Rose Erin Vaughan Acupressure 155 Hips, Mantra, Meditation* Sianna Sherman & Mascod Khan Hatha/Rasa Yoga & Mascod Khan 155 Hips, Mantra, Meditation* Sianna Sherman & Mascod Khan Hatha/Qa/Anatom Therapetics 40 Working with Scar Tissue* Brian Campbell Forrest Yoga®, Bodywork 122 Yin Yoga: Purpose Markus Giess Yin Yoga 130 Hypno-Meditation: Sleep Disorders & Aldo Privileggi Hypnotherapy Anxiety Jonas Westring Anusara 133 Hymo-Meditation: Sleep Disorders & Aldo Privileggi Hypnotherapy Anxiety		186	Ahimsa Vegan Lifestyle	Yogini Kaliji	
Circle*& Ashley Turner109Thai Yoga TherapyJonas Westring200How to Brand Yoursellf as a Successful Yoga Teacher*Sylvia Chiang2:30 PM :30 PM10Create Your Future: Brain & Heart ScienceTyler Mongan Meditation96Kabbalah: Blueprint to Create Your Own MiraclesGahl Eden SassonMysticism, Kabbalah Astrology97Kabbalah: Blueprint to Create Your Own MiraclesGahl Eden SassonMysticism, Kabbalah Astrology142Tame the Pain*Ana Forrest & Jose CalarcoForrest Yoga® Jose Calarco143The Science of Acupressure* VaughanRose Erin VaughanAcupressure Technique/ Meditation187Free the Spine: Flow*Yogini KalijiTriYoga®188Free the Spine: Flow*Yogini KalijiTriYoga®189Hips, Mantra, Meditation*Sianna Sherman & Masood KhanHatha/Rasa Yoga & Brian Campbell181Anatomy Essentials: Remove Bad KarmaBryan LauHatha Yoga/Anatomy Therapetics182Yin Yoga: PurposeMarkus GiessYin Yoga183Hypno-Meditation: Sleep Disorders & AnxietyAldo Privileggi AnxietyHypnotherapy Anxiety194Face & Body Language: LoveEric StandopFace Reading Anxiety195Fine & Querthip SpiralsJonas Westring AnxietyAnusara196Face & Body Language: LoveEric StandopFace Reading Anxiety197Face & Body Language: LoveEric StandopFace Reading A	2:15 PIVI	197	Kids Family Yoga	Hema Mipuri	
200 How to Brand Yoursellf as a Sylvia Chiang Successful Yoga Teacher* 2:30 PM - 1:30 PM - 1:30 Create Your Future: Brain & Heart Science Tyler Mongan Yoga Mind and Meditation 96 Kabbalah: Blueprint to Create Your Gahl Eden Own Miracles Mysticism, Kabbalah Astrology 24 Tame the Pain* Ana Forrest & Jose Calarco Forrest Yoga® 142 The Science of Acupressure* Rose Erin Vaughan Acupressure Technique/Meditation 187 Free the Spine: Flow* Yogini Kaliji TriYoga® 155 Hips, Mantra, Meditation* Sianna Sherman & Hatha/Rasa Yoga 41 Anatomy Essentials: Remove Bad Karma Brian Campbell Forrest Yoga®, Bodywork 40 Working with Scar Tissue* Brian Campbell Forrest Yoga®, Bodywork 122 Yin Yoga: Purpose Markus Giess Yin Yoga 123 Chakra Tune Up Martha Collard Naad, Kundalini 166 Hands-on Assist Tryphena Chia Hatha 5:30 PM - 7:30 PM - 7:30 PM 13 Hypno-Meditation: Sleep Disorders & Aldo Privileggi Hypnotherapy Anxiety 91 Face & Body Language: Love Eric Standop Face Reading 52 Counterbalance: Par		31			
Successful Yoga Teacher*2:30 PM - 4:30 PM170Create Your Future: Brain & Heart ScienceTyler Mongan MeditationYoga Mind and Meditation96Kabbalah: Blueprint to Create Your Own MiraclesGahl Eden SassonMysticism, Kabbalah Astrology24Tame the Pain*Ana Forrest & Jose CalarcoForrest Yoga® Jose Calarco142The Science of Acupressure*Rose Erin VaughanAcupressure Technique/ Meditation187Free the Spine: Flow*Yogini KalijiTriYoga®155Hips, Mantra, Meditation*Sianna Sherman & Masood KhanHatha/Rasa Yoga154Anatomy Essentials: Remove Bad KarmaBryan Lau MeditationHatha/Rasa Yoga®, Bodywork122Yin Yoga: PurposeMarkus GiessYin Yoga123Chakra Tune UpMartha CollardNaad, Kundalini166Hands-on AssistTryphena Chia AnxietyHatha5:30 PM - 7:30 PM -<					
 4:30 PM 96 Kabbalah: Blueprint to Create Your Own Miracles 97 Kabbalah: Blueprint to Create Your Own Miracles 24 Tame the Pain* 24 Tame the Pain* 24 Tame the Pain* 24 Tame the Pain* 25 Calarco 26 Forrest Yoga® 27 The Science of Acupressure* 28 Rose Erin Vaughan 29 Free the Spine: Flow* 20 Yogini Kaliji 21 Thips, Mantra, Meditation* 21 Sianna Sherman 22 Free the Spine: Flow* 23 Free the Spine: Flow* 24 Anatomy Essentials: Remove Bad Karma 24 Anatomy Essentials: Remove Bad Karma 20 Working with Scar Tissue* 21 Anatomy Essentials: Remove Bad Karma 22 Yin Yoga: Purpose 23 Chakra Tune Up 24 Markus Giess 25 Chakra Tune Up 26 Hands-on Assist 27 Tryphena Chia 28 Hatha 29 Face & Body Language: Love 20 Counterbalance: Partner Yoga* 20 Jonas Westring 21 Anusara 22 Nurbelance: Partner Yoga* 23 Daniel Scott 24 Partner Yoga 25 Counterbalance: Partner Yoga* 26 Counterbalance: Partner Yoga* 27 Art of Letting Go 20 Firae Campbell 20 Mordiation 20 Restorative Yoga Therapy* 21 Gong Sound Therapy 22 Chards Therapy 23 Chards Collard 24 Nindulation 25 Restorative Yoga Therapy 27 Art of Letting Co 28 Nindulation 29 Nindulation 20 Restorative Yoga Therapy 20 Anato, Kundalini 21 Anato, Yonga Therapy 22 Gong Sound Therapy 23 Charka Tune Partner Yoga 24 Gong Sound Therapy 24 Gong Sound Therapy 25 Counterbalance: Partnery 27 Art of Letting Co 28 Ansacod Khan 29 Anda Yoga/ 20 Anda Yoga/ 20 Anda Yoga 21 Anda Yoga 22 Anda Yoga 23 Anda Yoga 24 Anda Yoga <			Successful Yoga Teacher*		
Own MiraclesSassonAstrology24Tame the Pain*Ana Forrest & Jose CalarcoForrest Yoga®142The Science of Acupressure*Rose Erin VaughanAcupressure Technique/ Meditation187Free the Spine: Flow*Yogini KalijiTriYoga®185Hips, Mantra, Meditation*Sianna Sherman & Mascod KhanHatha/Rasa Yoga19Anatomy Essentials: Remove Bad KarmaBryan LauHatha/Rasa Yoga@, Bodywork10Working with Scar Tissue*Brian CampbellForrest Yoga@, Bodywork122Yin Yoga: PurposeMarkus GiessYin Yoga123Chakra Tune UpMartha CollardNaad, Kundalini166Hands-on AssistTryphena ChiaHatha133Hypno-Meditation: Sleep Disorders & AnxietyAldo PrivileggiHypnotherapy Anxiety11Inner & Outer Hip SpiralsJonas WestringAnusara125Yin Yoga & Nidra*Tym HowardYin & Nidra141Closing Kirtan & MeditationMascod KhanMeditation/Chanting142Yin Yoga & Nidra*Tym HowardYin & Nidra143Hypon-MeditationSloas WestringAnusara144Tosing Kirtan & MeditationMascod KhanMeditation/Chanting145Yin Yoga & Nidra*Tym HowardYin & Nidra146Losing Kirtan & MeditationMascod KhanMeditation/Chanting147Yin Yoga & Nidra*Tym HowardYin & Nidra148Closing Kirtan & MeditationMas	2:30 PM - 4:30 PM		Science	, ,	Meditation
142 The Science of Acupressure* Rose Erin Vaughan Acupressure Acupressure Vaughan Acupressure Acupressure Vaughan 187 Free the Spine: Flow* Yogini Kaliji TriYoga® 188 Free the Spine: Flow* Yogini Kaliji TriYoga® 189 Free the Spine: Flow* Yogini Kaliji TriYoga® 187 Free the Spine: Flow* Yogini Kaliji TriYoga® 188 Free the Spine: Flow* Yogini Kaliji TriYoga® 189 Hips, Mantra, Meditation* Sianna Sherman & Masood Khan Hatha/Rasa Yoga 141 Anatomy Essentials: Remove Bad Karma Brian Campbell Forrest Yoga®, Bodywork 122 Vin Yoga: Purpose Markus Giess Yin Yoga 123 Chakra Tune Up Martha Collard Naad, Kundalini 126 Hands-on Assist Tryphena Chia Hatha 5:30 PM- 7:30 PM- 7:30 PM 13 Hypno-Meditation: Sleep Disorders & Anxiety Aldo Privileggi Hypnotherapy 6:30 Prive Sure Matha Matha Collard Nausara Pather Yoga 7:30 PM 13 Hypnotherapy Pather Yoga Daniel Scott Pather Yoga <			Own Miracles	Sasson	Astrology
Vaughan Technique/ Meditation 187 Free the Spine: Flow* Yogini Kaliji TriYoga® 185 Hips, Mantra, Meditation* Sianna Sherman & Masood Khan Hatha/Rasa Yoga & Masood Khan 41 Anatomy Essentials: Remove Bad & Karma Bryan Lau Hatha Yoga/Anatomy Therapetics 40 Working with Scar Tissue* Brian Campbell Forrest Yoga®, Bodywork 42 Yin Yoga: Purpose Markus Giess Yin Yoga 123 Chakra Tune Up Martha Collard Naad, Kundalini 124 Hands-on Assist Tryphena Chia Hatha 5:30 PM 7:30 PM 13 Hypno-Meditation: Sleep Disorders & Anxiety Aldo Privileggi Anxiety Hypnotherapy Anxiety 91 Face & Body Language: Love Eric Standop Face Reading 5:30 PM 7:30 PM 13 Inner & Outer Hip Spirals Jonas Westring Anusara 111 Inner & Outer Hip Spirals Jonas Westring Anusara 1125 Yin Yoga & Nidra* Tymi Howard Yin & Nidra 1136 Closing Kirtan & Meditation Masood Khan Meditation/C				Jose Calarco	-
155Hips, Mantra, Meditation*Sianna Sherman & Masood KhanHatha/Rasa Yoga & Masood Khan41Anatomy Essentials: Remove Bad KarmaBryan LauHatha Yoga/Anatomy Therapetics40Working with Scar Tissue*Brian CampbellForrest Yoga®, Bodywork122Yin Yoga: PurposeMarkus GiessYin Yoga123Chakra Tune UpMartha CollardNaad, Kundalini166Hands-on AssistTryphena ChiaHatha173Hypno-Meditation: Sleep Disorders & AnxietyAldo PrivileggiHypnotherapy173Face & Body Language: LoveEric StandopFace Reading174Face & Body Language: LoveEric StandopFace Reading175Yin Yoga & Nidra*Tymi HowardYin & Nidra176Counterbalance: Partner Yoga*Daniel ScottPartner Yoga177Yin Yoga & Nidra*Tymi HowardYin & Nidra178Closing Kirtan & MeditationMasood KhanMeditation/Chanting179Free Yourself: Dance, Sound, MeditationDaphne TseNada Yoga/ Movement Meditation175Restorative Yoga Therapy*Chris SuMindfulness Yin Yoga126Gong Sound TherapyMartha CollardNaad, Kundalini		142	The Science of Acupressure*		Technique/
41 Anatomy Essentials: Remove Bad Karma Bryan Lau Hatha Yoga/Anatomy Therapetics 40 Working with Scar Tissue* Brian Campbell Forrest Yoga®, Bodywork 122 Yin Yoga: Purpose Markus Giess Yin Yoga 123 Chakra Tune Up Martha Collard Naad, Kundalini 166 Hands-on Assist Tryphena Chia Hatha 5:30 PM - 7:30 PM - 7:30 PM 13 Hypno-Meditation: Sleep Disorders & Anxiety Aldo Privileggi Hypnotherapy 91 Face & Body Language: Love Eric Standop Face Reading 52 Counterbalance: Partner Yoga* Daniel Scott Partner Yoga 111 Inner & Outer Hip Spirals Jonas Westring Anusara 175 Yin Yoga & Nidra* Tymi Howard Yin & Nidra 18 Closing Kirtan & Meditation Masood Khan Meditation/Chanting 207 Art of Letting Go Brian Campbell Myofascial Release 37 Free Yourself: Dance, Sound, Meditation Daphne Tse Nada Yoga/ Movement Meditation 50 Restorative Yoga Therapy* Chris Su Mindfulness Yin Yoga 512 Gong Sound		187	Free the Spine: Flow*	Yogini Kaliji	
Karma Therapetics 40 Working with Scar Tissue* Brian Campbell Forrest Yoga®, Bodywork 122 Yin Yoga: Purpose Markus Giess Yin Yoga 123 Chakra Tune Up Markus Giess Yin Yoga 126 Hands-on Assist Tryphena Chia Hatha 5:30 PM 13 Hypno-Meditation: Sleep Disorders & Aldo Privileggi Anxiety Hypnotherapy 91 Face & Body Language: Love Eric Standop Face Reading 5:30 PM 13 Rocuter Hip Spirals Jonas Westring Anusara 111 Inner & Outer Hip Spirals Jonas Westring Anusara 115 Yin Yoga & Nidra* Tymi Howard Yin & Nidra 116 Closing Kirtan & Meditation Masood Khan Meditation/Chanting 117 Yin Yoga & Nidra* Tymi Howard Yin & Nidra 118 Closing Kirtan & Meditation Masood Khan Meditation/Chanting 119 Art of Letting Go Brian Campbell Myofascial Release 110 Rece Yourself: Dance, Sound, Meditation Daphne Tse Nada Yoga/ Movement Meditation 120 Restor		155	Hips, Mantra, Meditation*		Hatha/Rasa Yoga
Image: section of the section of t		41		Bryan Lau	Hatha Yoga/Anatomy Therapetics
123 Chakra Tune Up Martha Collard Naad, Kundalini 166 Hands-on Assist Tryphena Chia Hatha 5:30 PM- 13 Hypno-Meditation: Sleep Disorders & Aldo Privileggi Hypnotherapy 7:30 PM- 13 Hypno-Meditation: Sleep Disorders & Aldo Privileggi Hypnotherapy 91 Face & Body Language: Love Eric Standop Face Reading 52 Counterbalance: Partner Yoga* Daniel Scott Partner Yoga 111 Inner & Outer Hip Spirals Jonas Westring Anusara 175 Yin Yoga & Nidra* Tymi Howard Yin & Nidra 118 Closing Kirtan & Meditation Masood Khan Meditation/Chanting 207 Art of Letting Go Brian Campbell Myofascial Release 57 Free Yourself: Dance, Sound, Meditation Daphne Tse Nada Yoga/ Movement Meditation 50 Restorative Yoga Therapy* Chris Su Mindfulness Yin Yoga 124 Gong Sound Therapy Martha Collard Naad, Kundalini		40	-		
166 Hands-on Assist Tryphena Chia Hatha 5:30 PM- 7:30 PM 13 Hypno-Meditation: Sleep Disorders & Aldo Privileggi Hypnotherapy 91 Face & Body Language: Love Eric Standop Face Reading 52 Counterbalance: Partner Yoga* Daniel Scott Partner Yoga 111 Inner & Outer Hip Spirals Jonas Westring Anusara 175 Yin Yoga & Nidra* Tymi Howard Yin & Nidra 118 Closing Kirtan & Meditation Masood Khan Meditation/Chanting 207 Art of Letting Go Brian Campbell Myofascial Release 57 Free Yourself: Dance, Sound, Meditation Daphne Tse Nada Yoga/ Movement Meditation 50 Restorative Yoga Therapy* Chris Su Mindfulness Yin Yoga 124 Gong Sound Therapy Martha Collard Naad, Kundalini			0 1		
5:30 PM - 7:30 PM 13 Hypno-Meditation: Sleep Disorders & Aldo Privileggi Anxiety Hypnotherapy Anxiety 91 Face & Body Language: Love Eric Standop Face Reading 52 Counterbalance: Partner Yoga* Daniel Scott Partner Yoga 111 Inner & Outer Hip Spirals Jonas Westring Anusara 175 Yin Yoga & Nidra* Tymi Howard Yin & Nidra 118 Closing Kirtan & Meditation Masood Khan Meditation/Chanting 207 Art of Letting Go Brian Campbell Myofascial Release 57 Free Yourself: Dance, Sound, Meditation Daphne Tse Nada Yoga/ Movement Meditation 50 Restorative Yoga Therapy* Chris Su Mindfulness Yin Yoga 124 Gong Sound Therapy Martha Collard Naad, Kundalini					Naad, Kundalini
7:30 PM Anxiety 91 Face & Body Language: Love Eric Standop Face Reading 52 Counterbalance: Partner Yoga* Daniel Scott Partner Yoga 111 Inner & Outer Hip Spirals Jonas Westring Anxiara 175 Yin Yoga & Nidra* Tymi Howard Yin & Nidra 118 Closing Kirtan & Meditation Masood Khan Meditation/Chanting 207 Art of Letting Go Brian Campbell Myofascial Release 57 Free Yourself: Dance, Sound, Meditation Daphne Tse Nada Yoga/ Movement Meditation 50 Restorative Yoga Therapy* Chris Su Mindfulness Yin Yoga 124 Gong Sound Therapy Martha Collard Naad, Kundalini					
52Counterbalance: Partner Yoga*Daniel ScottPartner Yoga111Inner & Outer Hip SpiralsJonas WestringAnusara175Yin Yoga & Nidra*Tymi HowardYin & Nidra118Closing Kirtan & MeditationMasood KhanMeditation/Chanting207Art of Letting GoBrian CampbellMyofascial Release57Free Yourself: Dance, Sound, MeditationDaphne TseNada Yoga/ Movement Meditation50Restorative Yoga Therapy*Chris SuMindfulness Yin Yoga124Gong Sound TherapyMartha CollardNaad, Kundalini	5:30 PM - 7:30 PM		Anxiety		
111Inner & Outer Hip SpiralsJonas WestringAnusara175Yin Yoga & Nidra*Tymi HowardYin & Nidra118Closing Kirtan & MeditationMasood KhanMeditation/Chanting207Art of Letting GoBrian CampbellMyofascial Release57Free Yourself: Dance, Sound, MeditationDaphne TseNada Yoga/ Movement Meditation50Restorative Yoga Therapy*Chris SuMindfulness Yin Yoga124Gong Sound TherapyMartha CollardNaad, Kundalini					
175Yin Yoga & Nidra*Tymi HowardYin & Nidra118Closing Kirtan & MeditationMasood KhanMeditation/Chanting207Art of Letting GoBrian CampbellMyofascial Release57Free Yourself: Dance, Sound, MeditationDaphne TseNada Yoga/ Movement Meditation50Restorative Yoga Therapy*Chris SuMindfulness Yin Yoga124Gong Sound TherapyMartha CollardNaad, Kundalini			-		-
118 Closing Kirtan & Meditation Masood Khan Meditation/Chanting 207 Art of Letting Go Brian Campbell Myofascial Release 57 Free Yourself: Dance, Sound, Meditation Daphne Tse Nada Yoga/ Movement Meditation 50 Restorative Yoga Therapy* Chris Su Mindfulness Yin Yoga 124 Gong Sound Therapy Martha Collard Naad, Kundalini				÷	
207 Art of Letting Go Brian Campbell Myofascial Release 57 Free Yourself: Dance, Sound, Meditation Daphne Tse Nada Yoga/ Movement Meditation 50 Restorative Yoga Therapy* Chris Su Mindfulness Yin Yoga 124 Gong Sound Therapy Martha Collard Naad, Kundalini				•	
57Free Yourself: Dance, Sound, MeditationDaphne Tse Movement Meditation50Restorative Yoga Therapy*Chris SuMindfulness Yin Yoga124Gong Sound TherapyMartha CollardNaad, Kundalini			· · · · ·		-
50 Restorative Yoga Therapy* Chris Su Mindfulness Yin Yoga 124 Gong Sound Therapy Martha Collard Naad, Kundalini			Free Yourself: Dance, Sound,	•	Nada Yoga/
124 Gong Sound Therapy Martha Collard Naad, Kundalini		50		Chris Su	
					-





ASIA'S LEADING ANNUAL YOGA WELLNESS CONFERENCE & EXHIBITION PROVIDING ACCESS TO TRAINING WITH WORLD-RENOWNED FACULTY ALL IN ONE PLACE



HONG KONG CONVENTION & EXHIBITION CENTRE 4-DAYS · 180+ CLASSES · 50+ GLOBAL PRESENTERS

SAVE 30%! EARLY-BIRD ENDS 30TH APRIL